

# Gastrointestinal Stromal Tumor

## *GISTS 2010*



**Jon Trent, MD, PhD**

Associate Professor  
Dept. of Sarcoma Medical Oncology  
The University of Texas,  
M. D. Anderson Cancer Center

[jtrent@mdanderson.org](mailto:jtrent@mdanderson.org)

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# Background

# GIST Overview

- Most common GI sarcoma
  - 0.2% of all GI tumors, but 80% of GI sarcomas
- Distinct clinical and histopathologic entity
  - Highest incidence in the 40-60 year age group
  - Similar male/female incidence
  - Many misclassified
- About 5,000 newly diagnosed GIST patients per year in the US
- Clinical presentation is variable
  - pain, hemorrhage, anemia, anorexia, nausea, perforation

# Median Overall Survival in Metastatic GIST



Circa 1990

Blanke et al. Abstract 7. GI Cancers Symposium, 2006

# Chemotherapy Trials

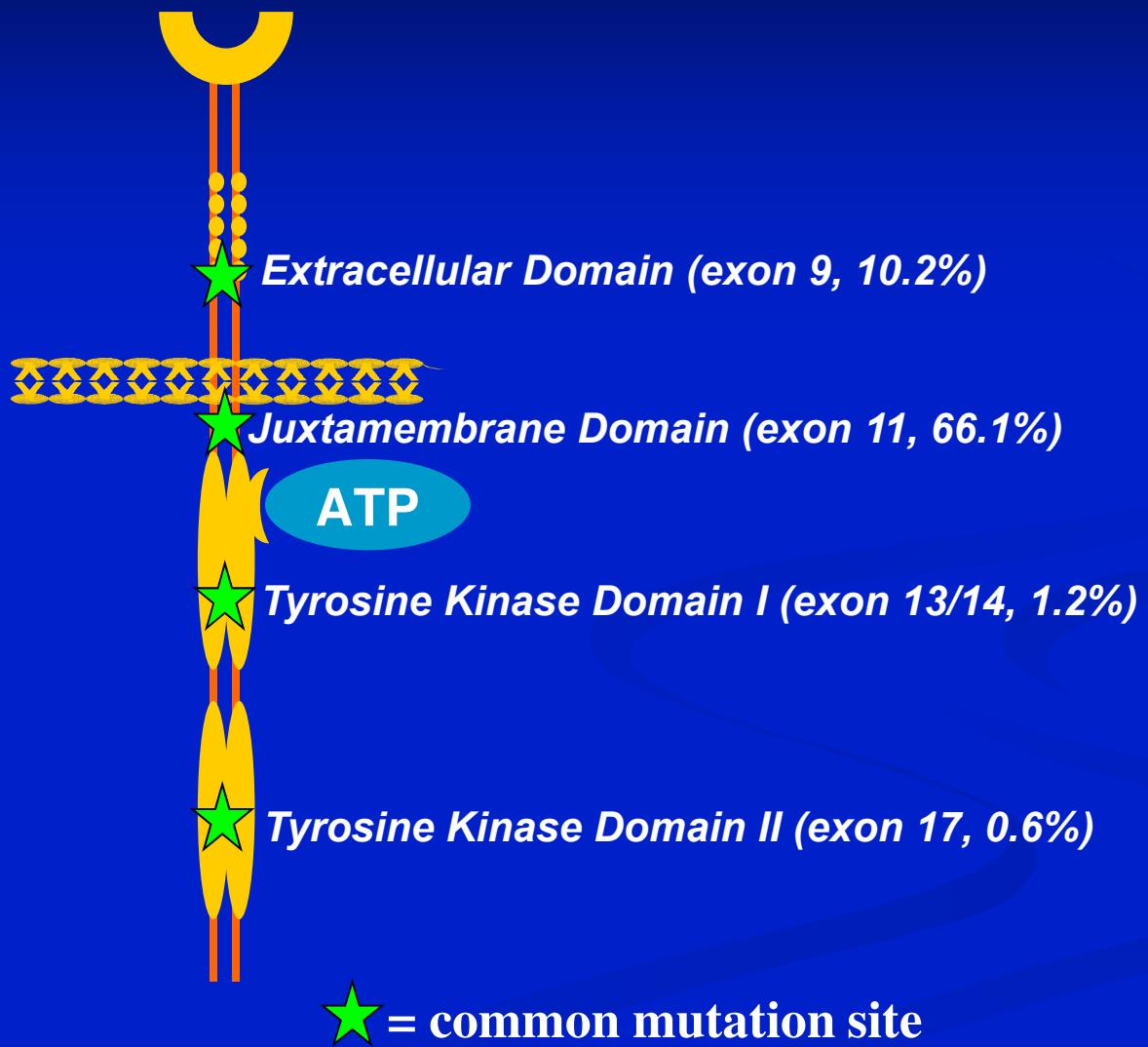
## *Advanced GIST*

<u>Regimen</u>	<u>Number of Patients</u>	<u>Partial Response n (%)</u>
DOX + DTIC	43	3 (7%)
DOX + DTIC +/- IF	60	10 (15%)
IF + VP-16	10	0 (0%)
Paclitaxel	15	1 (7%)
Gemcitabine	17	0 (0%)
Liposomal DOX	15	0 (0%)
DOX	12	0 (0%)
DOX or docetaxel	9	0 (0%)
High-dose IF	26	0 (0%)
EPI + IF	13	0 (0%)
Various	40	4 (10%)
DTIC/MMC/DOX/		
CDDP/GM-CSF	21	1 (5%)
Temozolamide	19	0 (0%)
<b>TOTAL</b>	<b>280</b>	<b>19 (6.8%)</b>

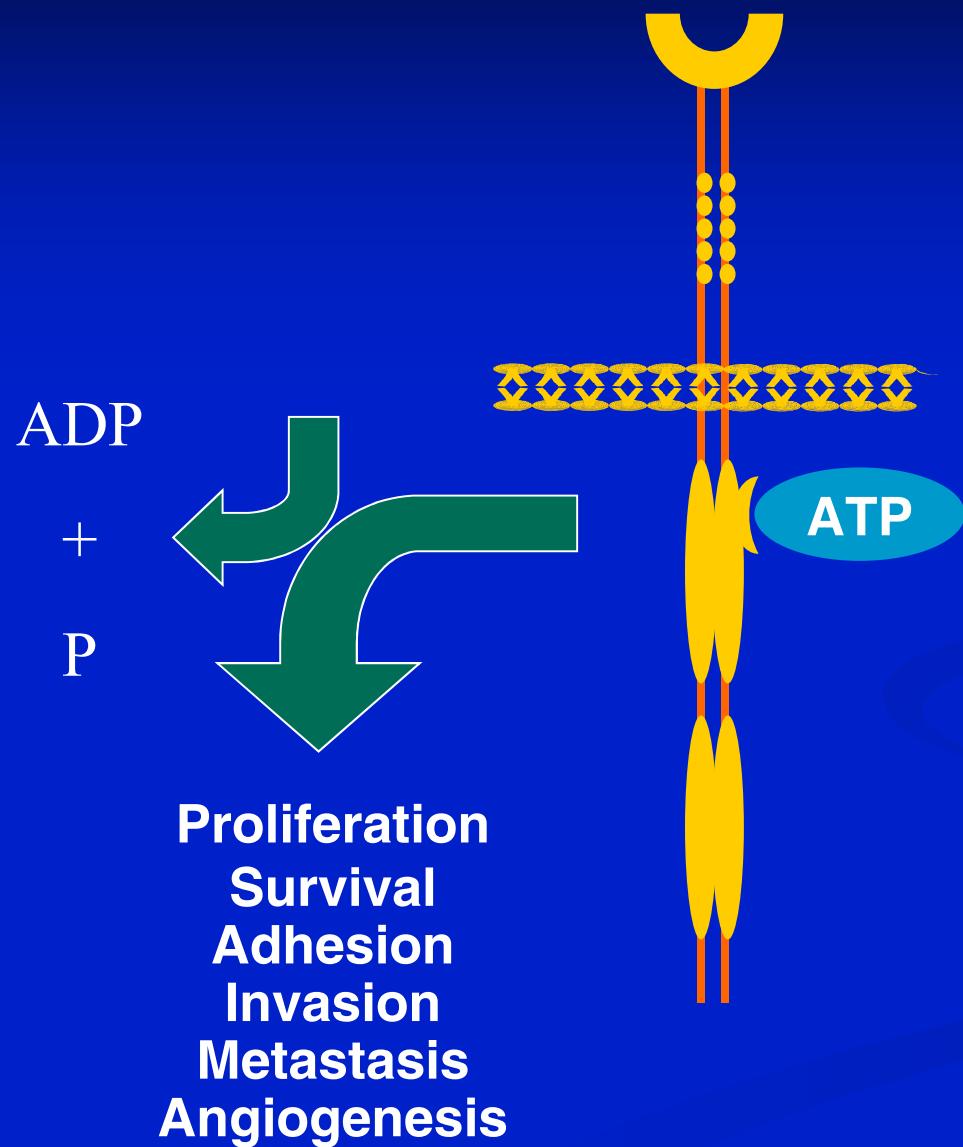
# GIST Pathology

- GIST share several characteristics with ICC
  - Neuromuscular pacemaker cell of the GI tract
  - Found in myenteric plexus throughout GI tract
  - Expression of CD34 in ~80% of cases
  - Expression of KIT (CD117) in ~95% of cases

# Kit Receptor Structure



# Kit Receptor Phenotype



# Imatinib Mesylate



Formula:  $\text{C}_{30}\text{H}_{35}\text{N}_7\text{SO}_4$

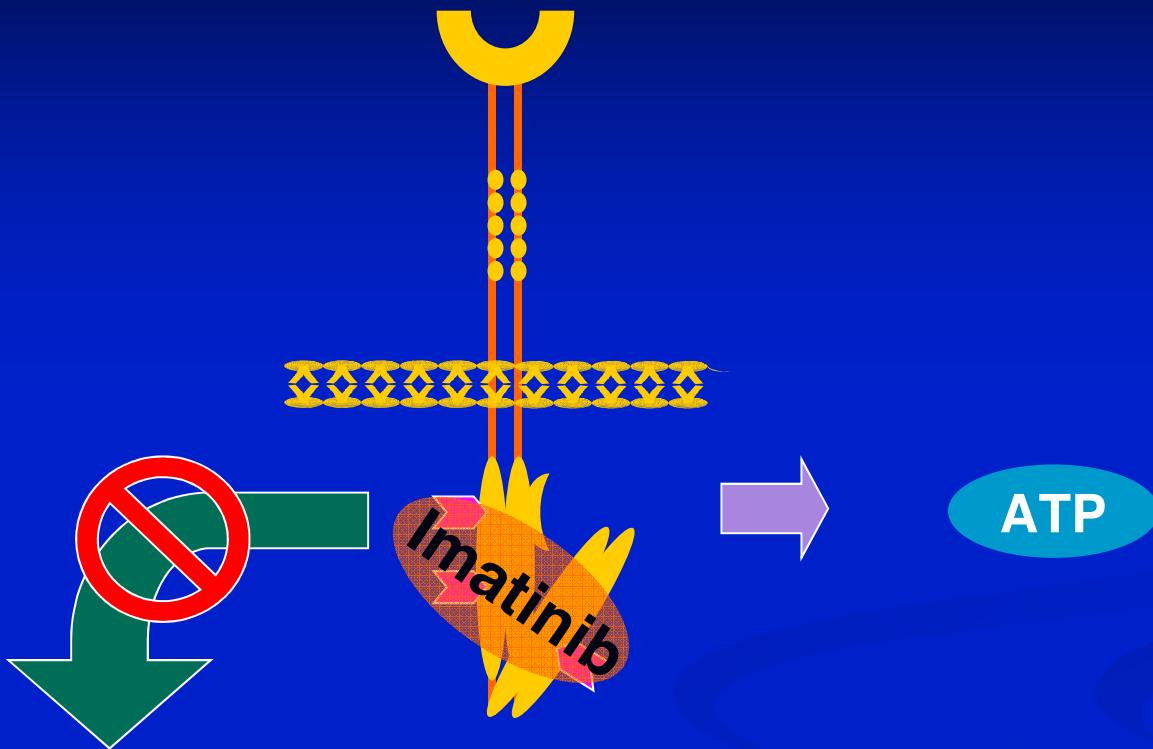
MW: 589.7

- Rational drug design
  - 2-phenylamino pyrimidine
  - Based on structure of ATP binding site
  - Highly water soluble
  - Oral bioavailability

Inhibitor of selective tyrosine kinases

bcr-abl  
PDGF-R  
c-kit } Potent ( $\text{IC}_{50} \approx 0.1\mu\text{M}$ )

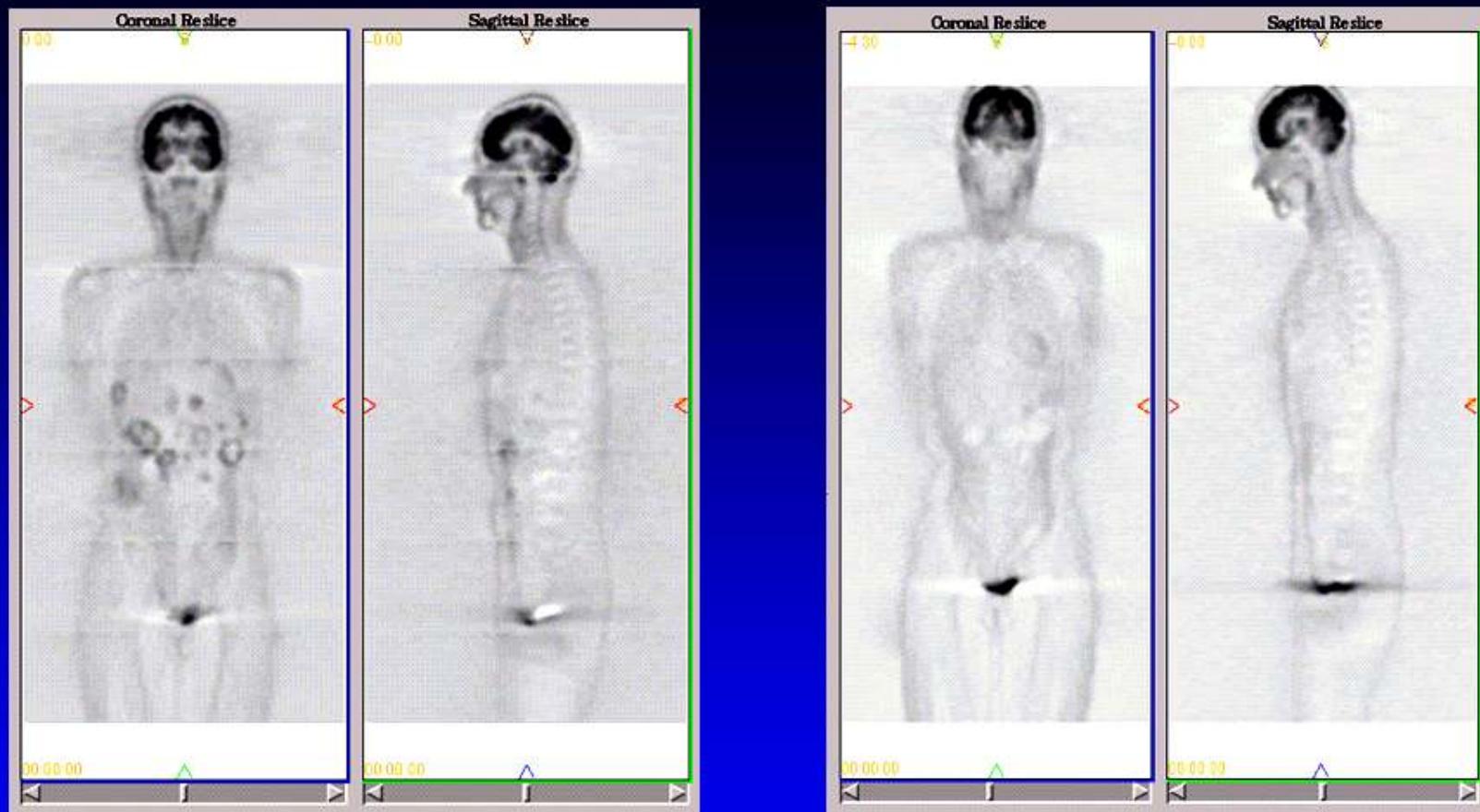
# Kit Receptor Phenotype



Proliferation  
Survival  
Adhesion  
Invasion  
Metastasis  
Angiogenesis

➡ = imatinib contact point

# Marked Biologic Response Revealed by PET Scan



Multiple liver and upper abdominal  
 $^{18}\text{FDG}$ -accumulating metastases

A marked decrease in  $^{18}\text{FDG}$  uptake  
4 weeks after starting imatinib mesylate

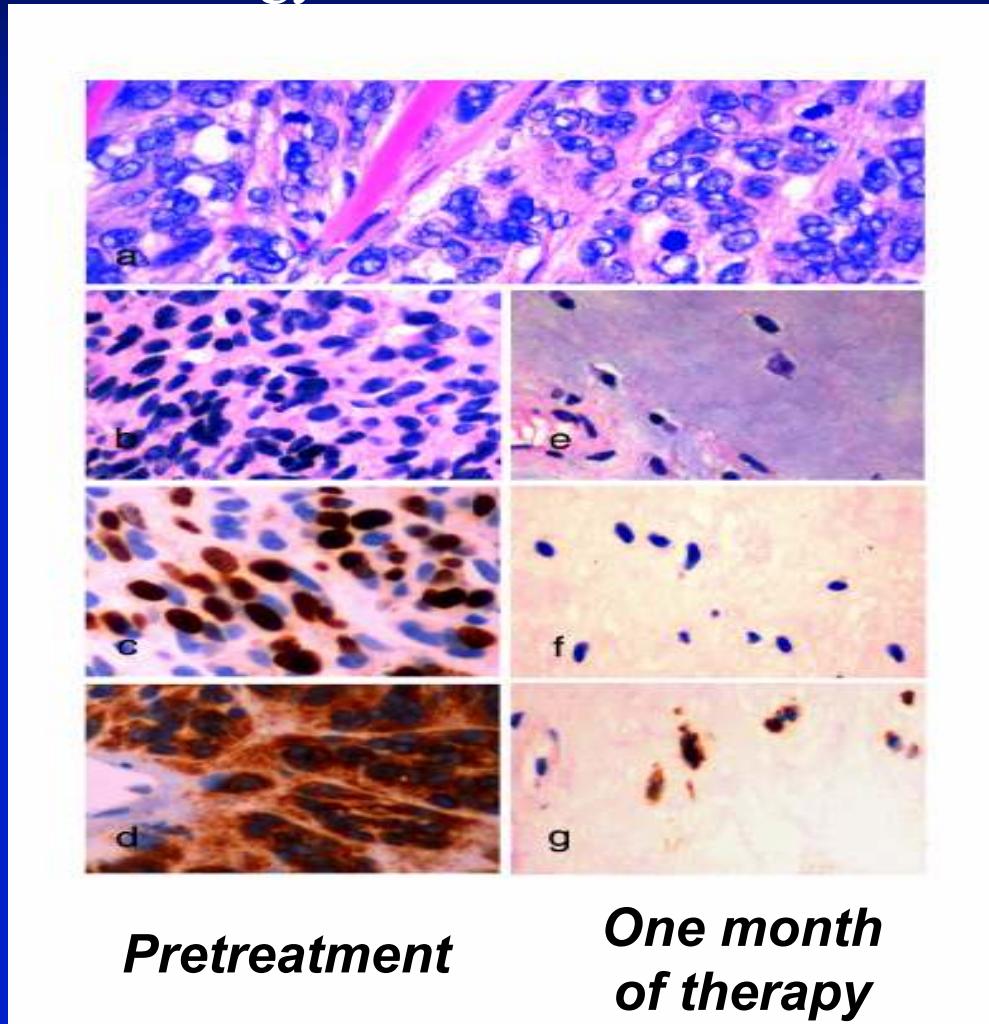
## The First GIST Patient: Histology

**H&E (at diagnosis)**

**H&E**

**Ki 67**

**CD117**



Joensuu H et al. *N Engl J Med.* 2001;344:1052-1056.

What is the chance of imatinib  
helping me?

# Clinical Trials of Imatinib in GIST

Study	Phase	N	OR	CR	PR	SD	PD	OS (2 yr)	TTP (median)	PFS
van Oosterom, 2001	I	36	53%	0%	53%	36%	11%	-	-	-
von Mehren, 2002	II	147	63%	0%	63%	19%	12%	-	72 wks	-
Verweij, 2003	II	27	71%	4%	67%	18%	11%	-	-	73% (1 yr)
Rankin, 2004	III	746								
-400 mg daily			48%	3%	45%	-	-	78%	-	50% (2 yr)
-800 mg daily			48%	3%	45%	-	-	73%	-	53% (2 yr)
Verweij, 2004	III	946								
-400 mg daily			50%	5%	45%	32%	13%	69%	-	44% (2 yr)
-800 mg daily			54%	6%	48%	32%	9%	74%	-	52% (2 yr)

Courtesy Dejka Steinert, M.D.

# Phase III dose-randomized study of Imatinib mesylate (Gleevec, STI571) for GIST: NA Intergroup S0033 early results.

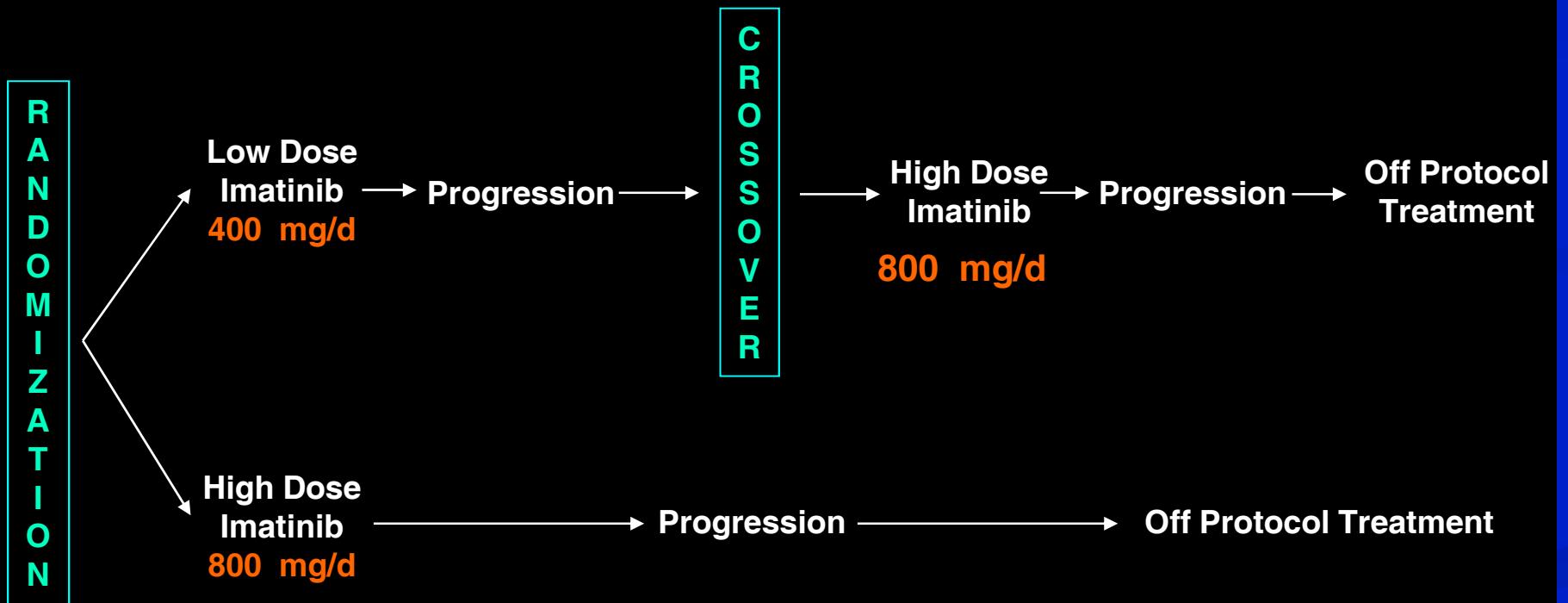
Robert S. Benjamin, UT MD Anderson Cancer Center and SWOG,  
Houston, TX, Cathryn Rankin, SWOG, Christopher Fletcher, Dana Farber  
Cancer Institute, Charles Blanke, SWOG, Margaret von Mehren, ECOG,  
Robert Maki, CALGB, Vivien Bramwell, NCIC, Laurence Baker, SWOG,  
Ernest Borden, SWOG, George D. Demetri, Dana Farber Cancer Institute,  
CALGB, as the

*North American Sarcoma Intergroup*

*Benjamin et al, ASCO 2003*

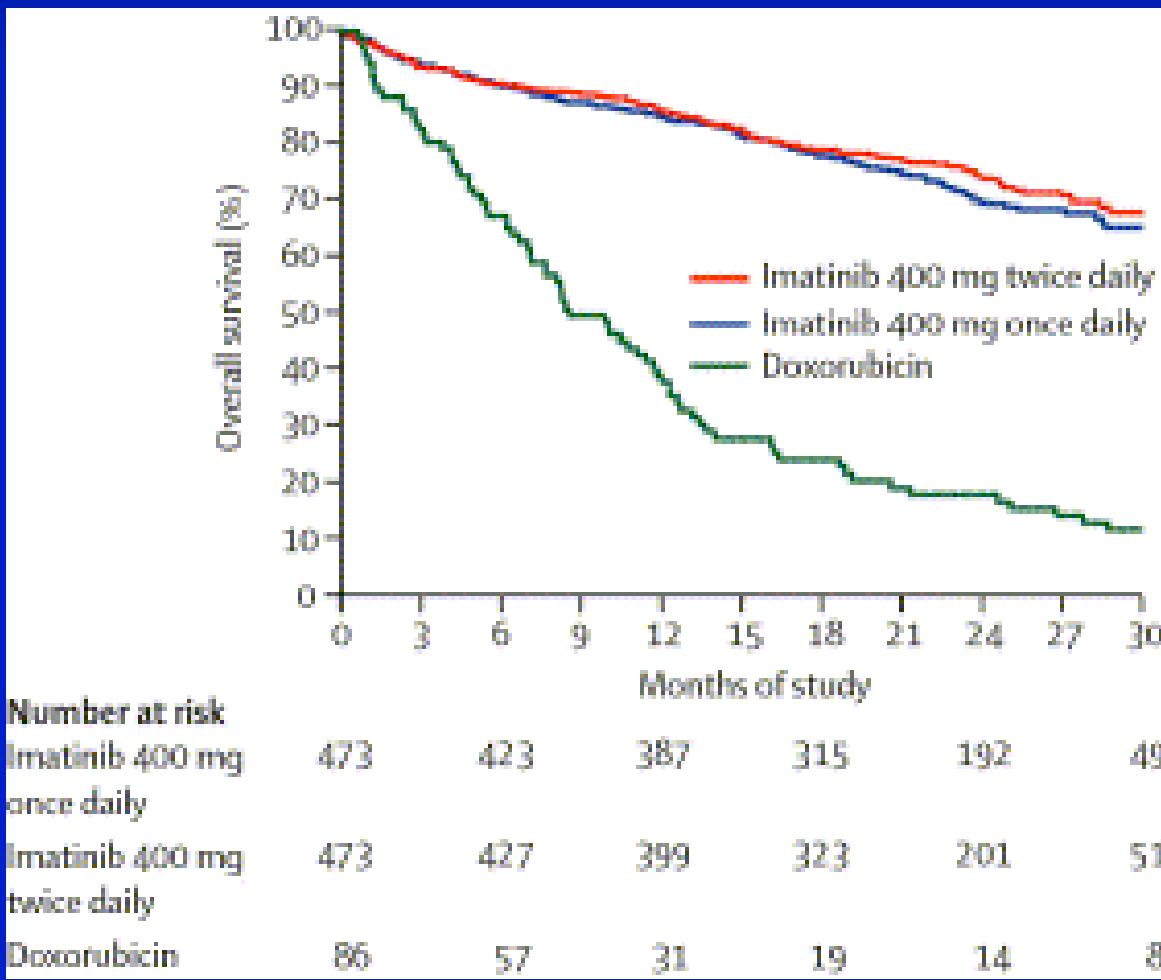
# *North American Sarcoma Intergroup*

## Schema



# EORTC Phase III Imatinib for Advanced GIST

## *Survival Benefit*



Verweij, et al 2004

# How long do I take imatinib?

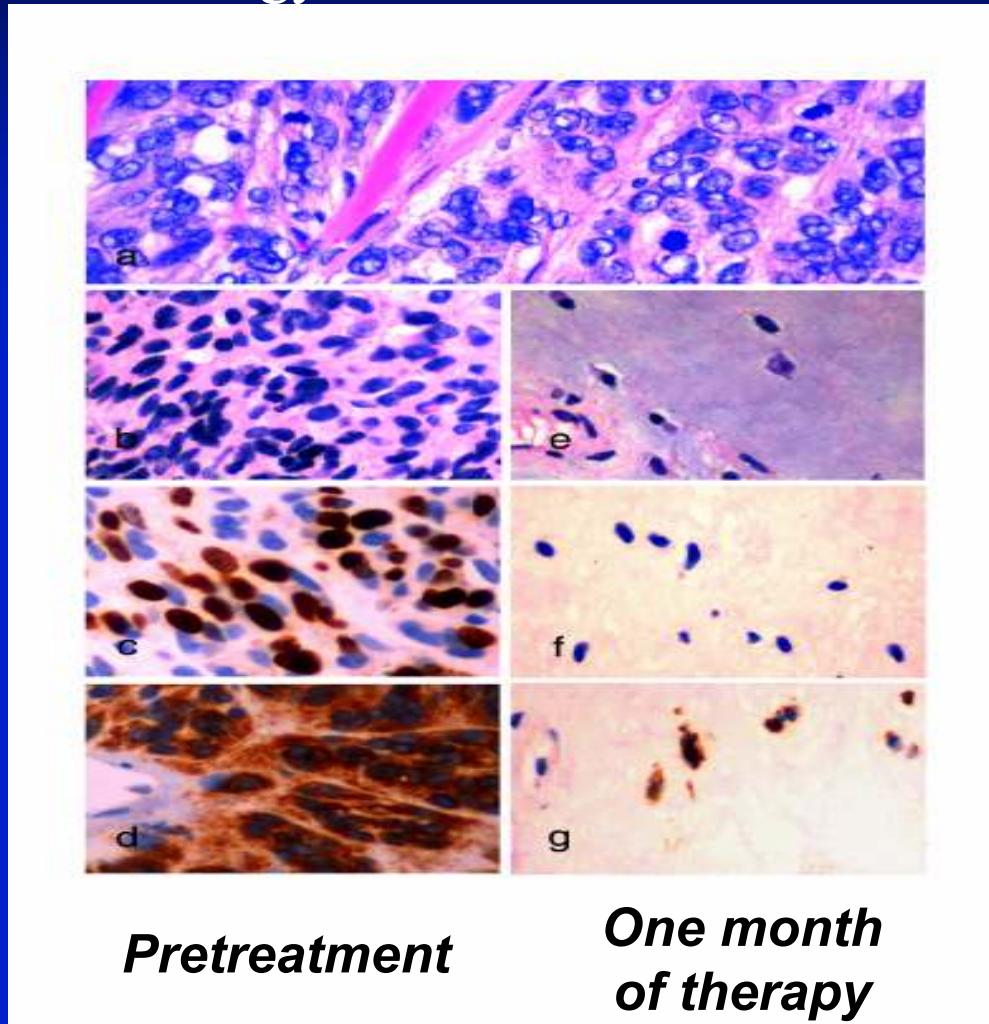
## The First GIST Patient: Histology

**H&E (at diagnosis)**

**H&E**

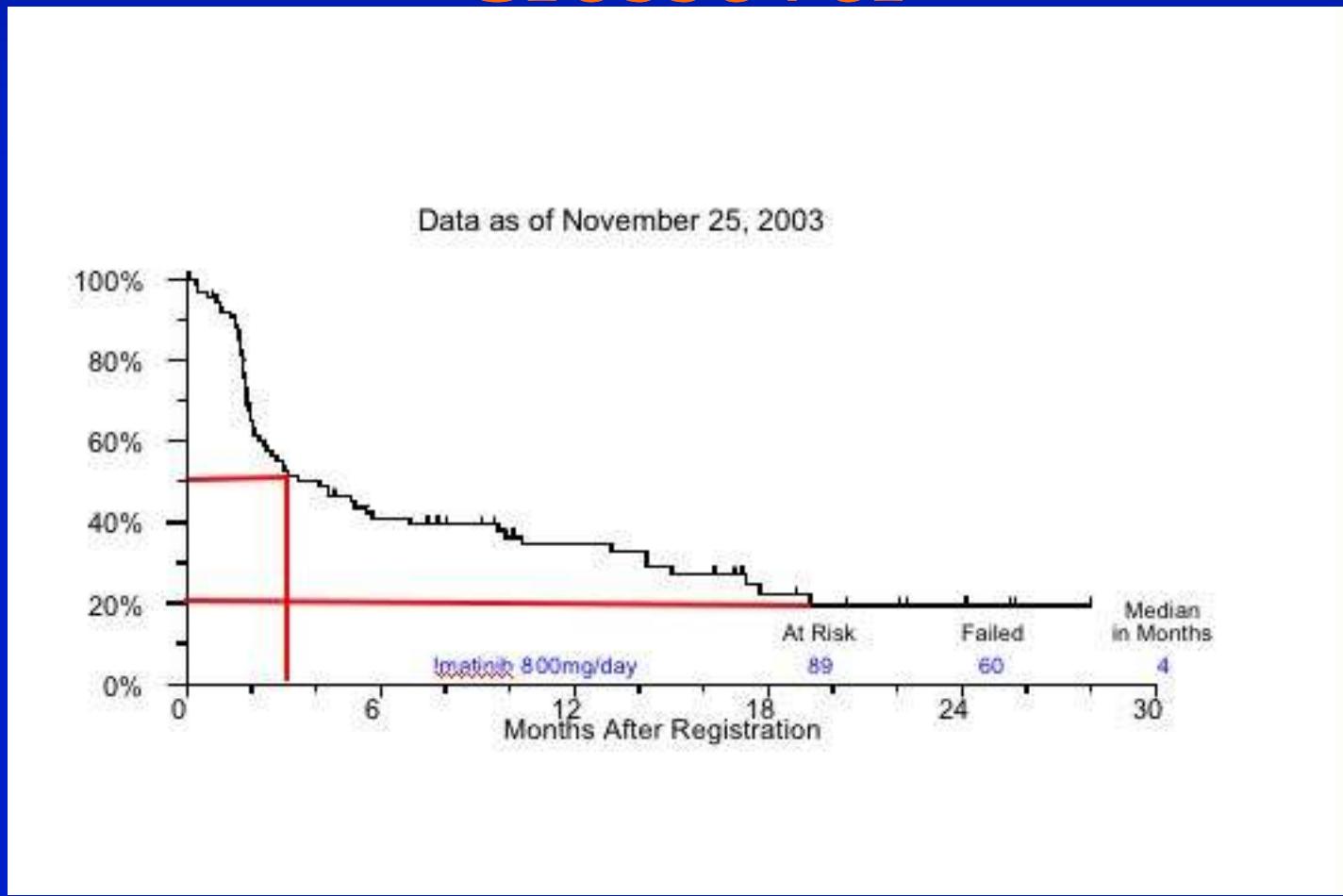
**Ki 67**

**CD117**

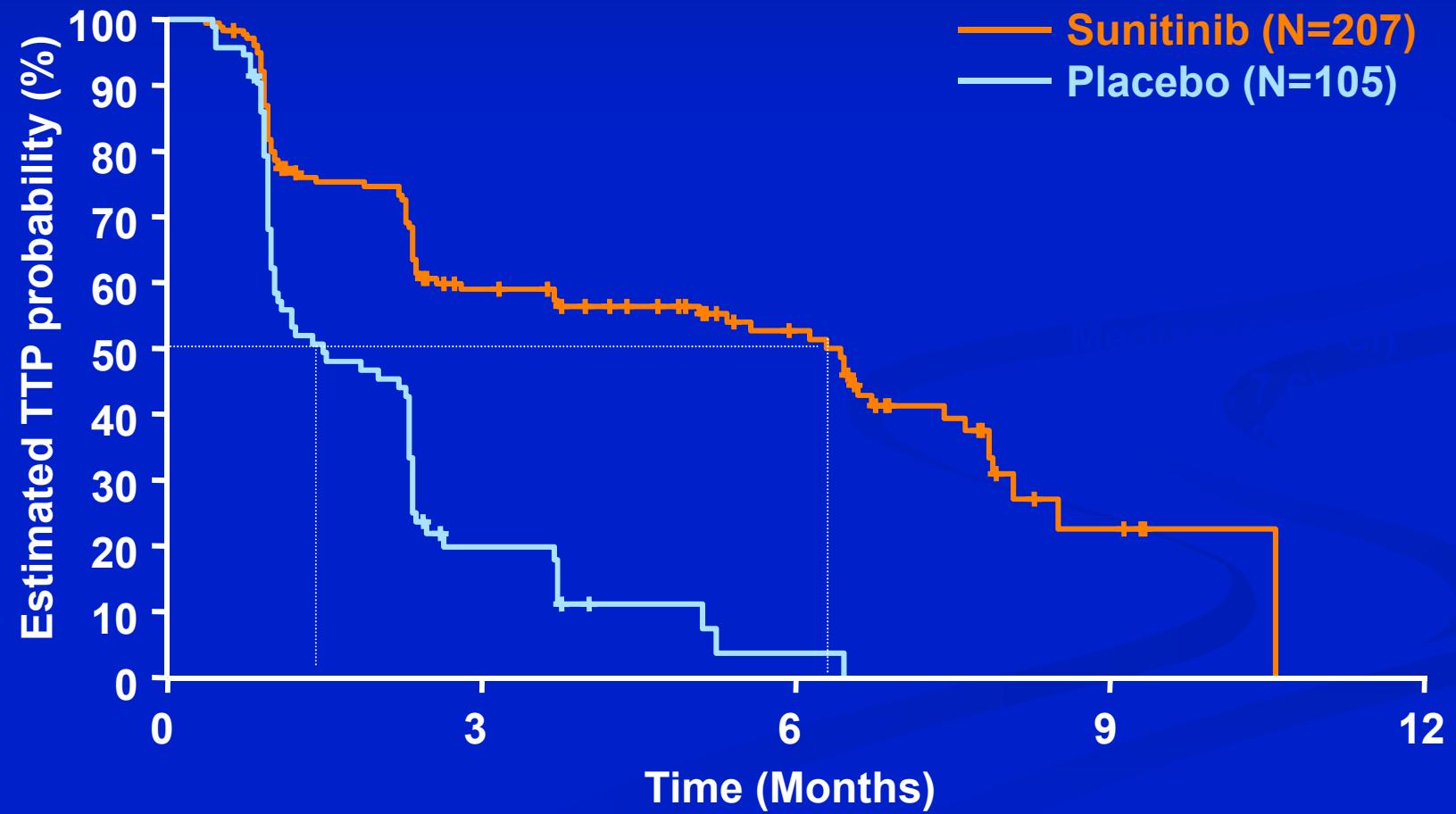


Joensuu H et al. *N Engl J Med.* 2001;344:1052-1056.

# Phase III Trial: US Intergroup S0033: Time to Progression on Crossover

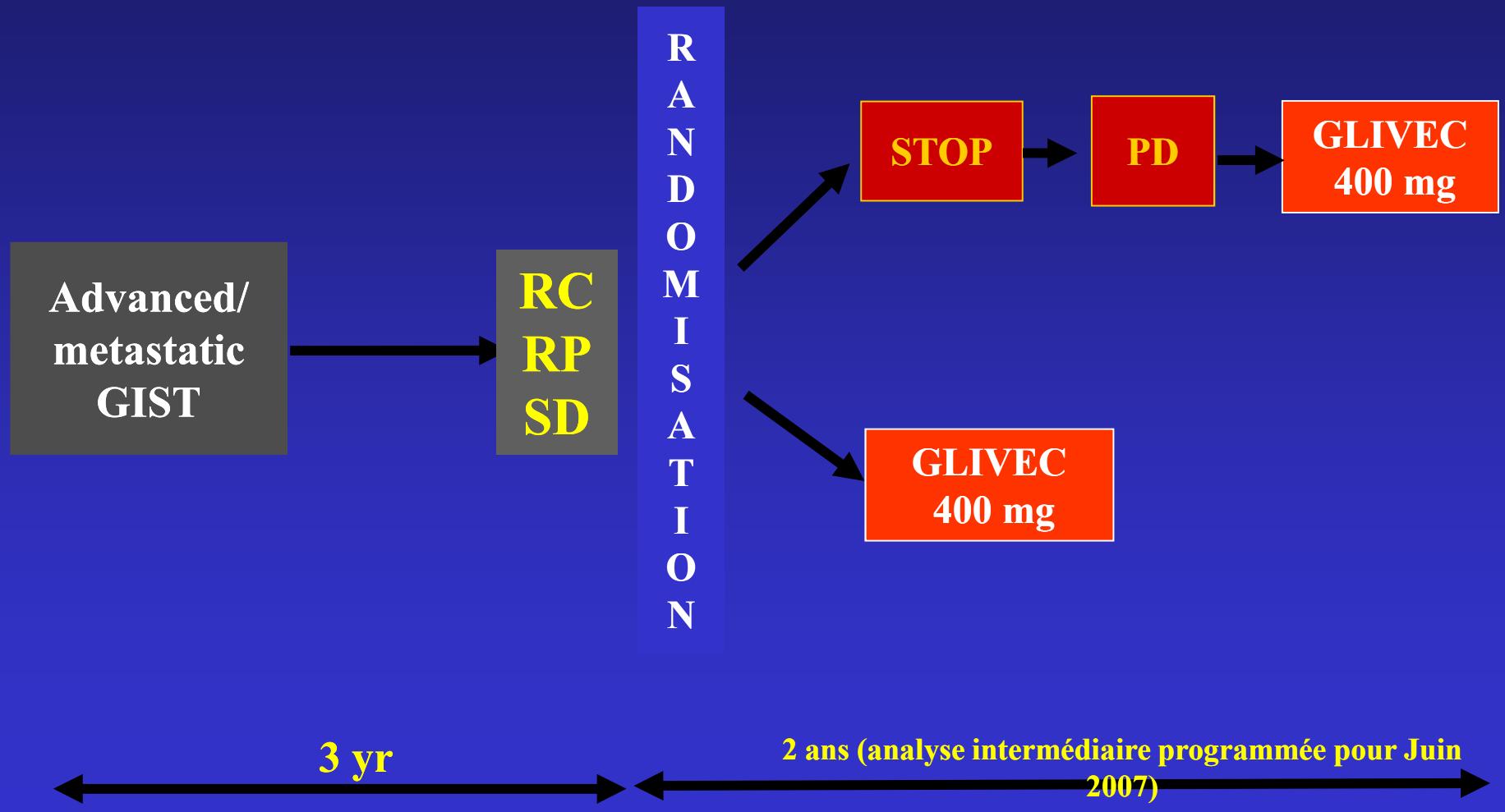


# Time to Tumor Progression

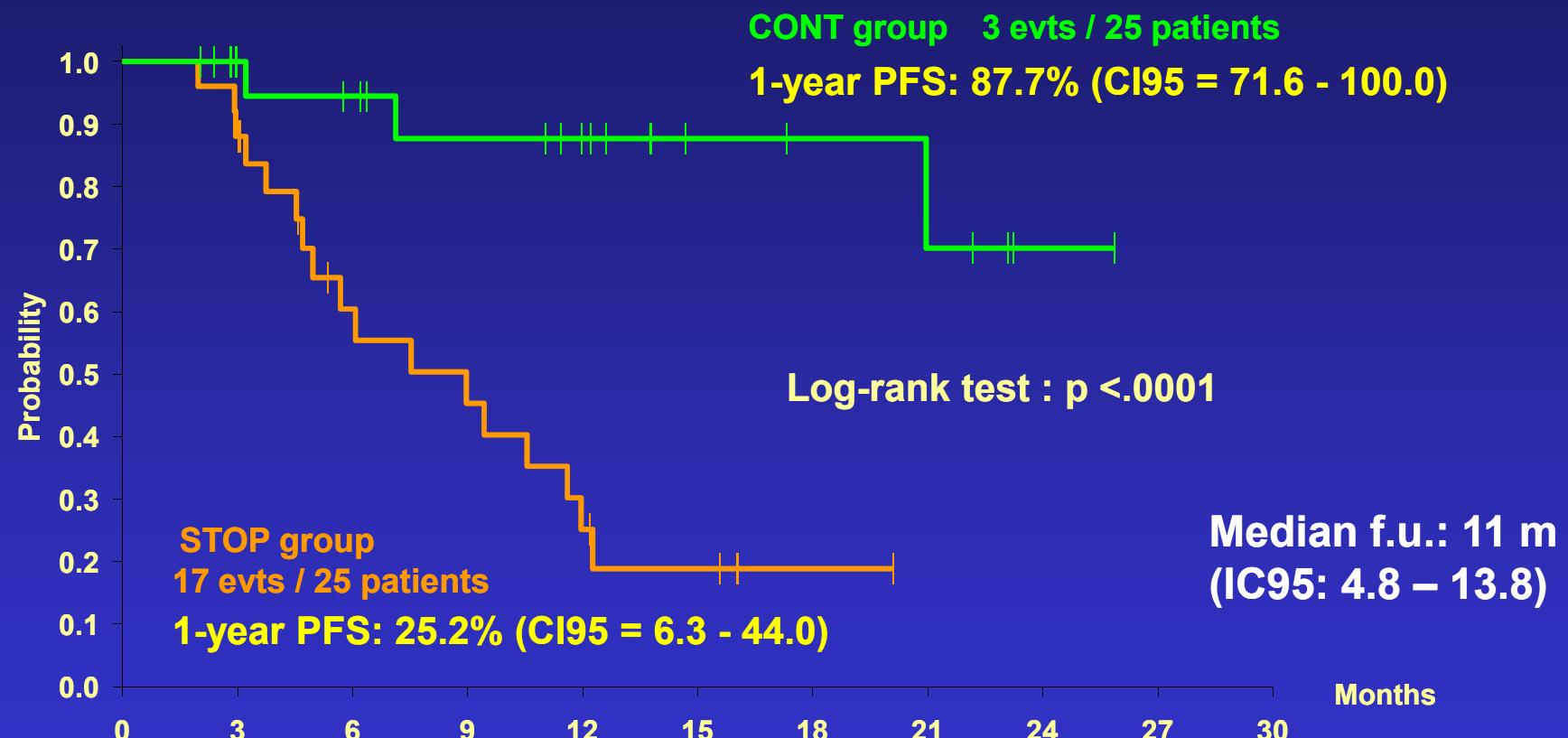




# BFR14 3-yr randomization



# BFR14 3-yr randomization Progression Free Survival



Rate of PD  
in STOP group

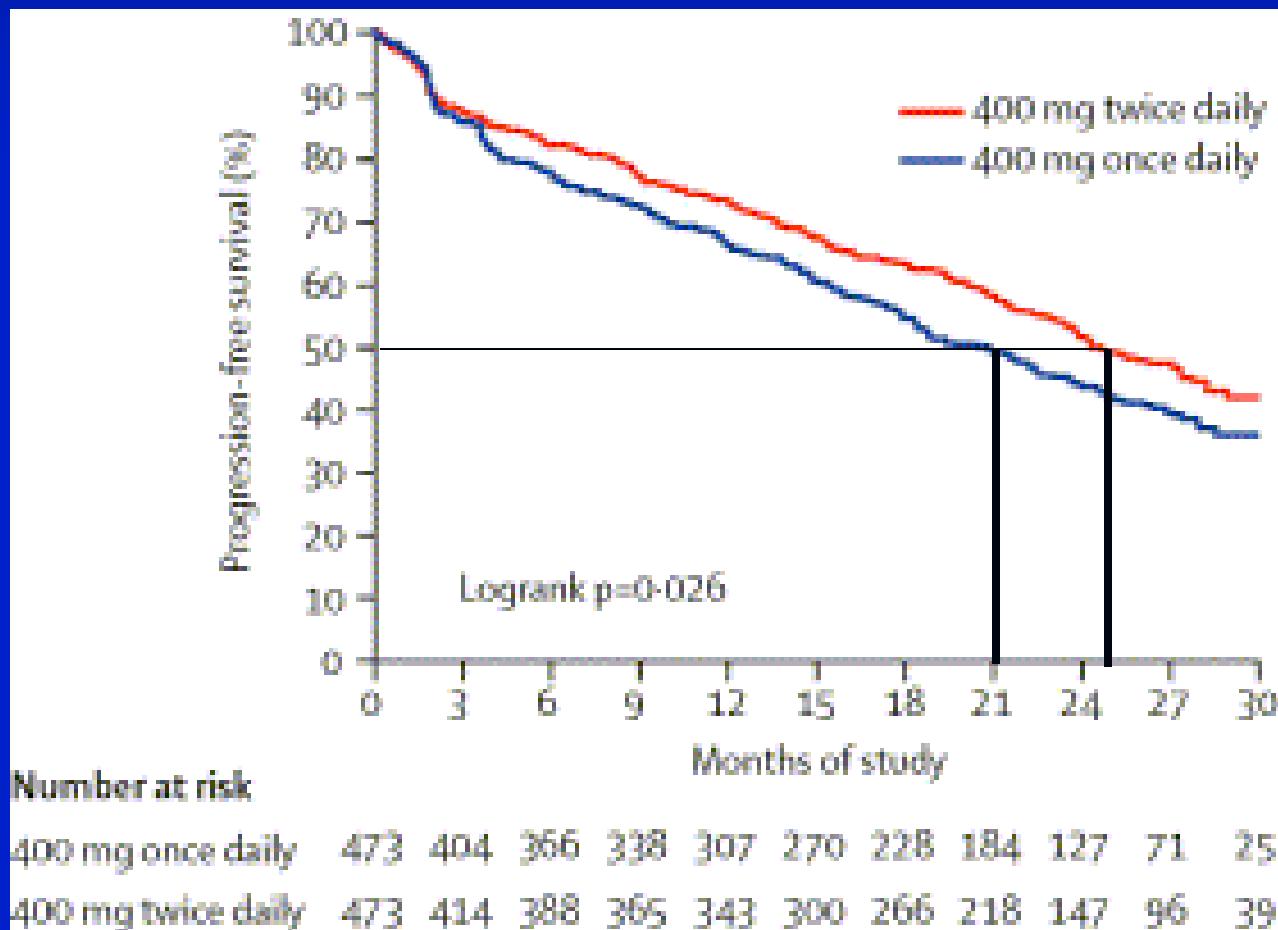
at 6 months:	40%
at 9 months:	55%
at 1 year:	75%

Updated sept 07, ECCO 14

What dose of  
imatinib should I  
take?

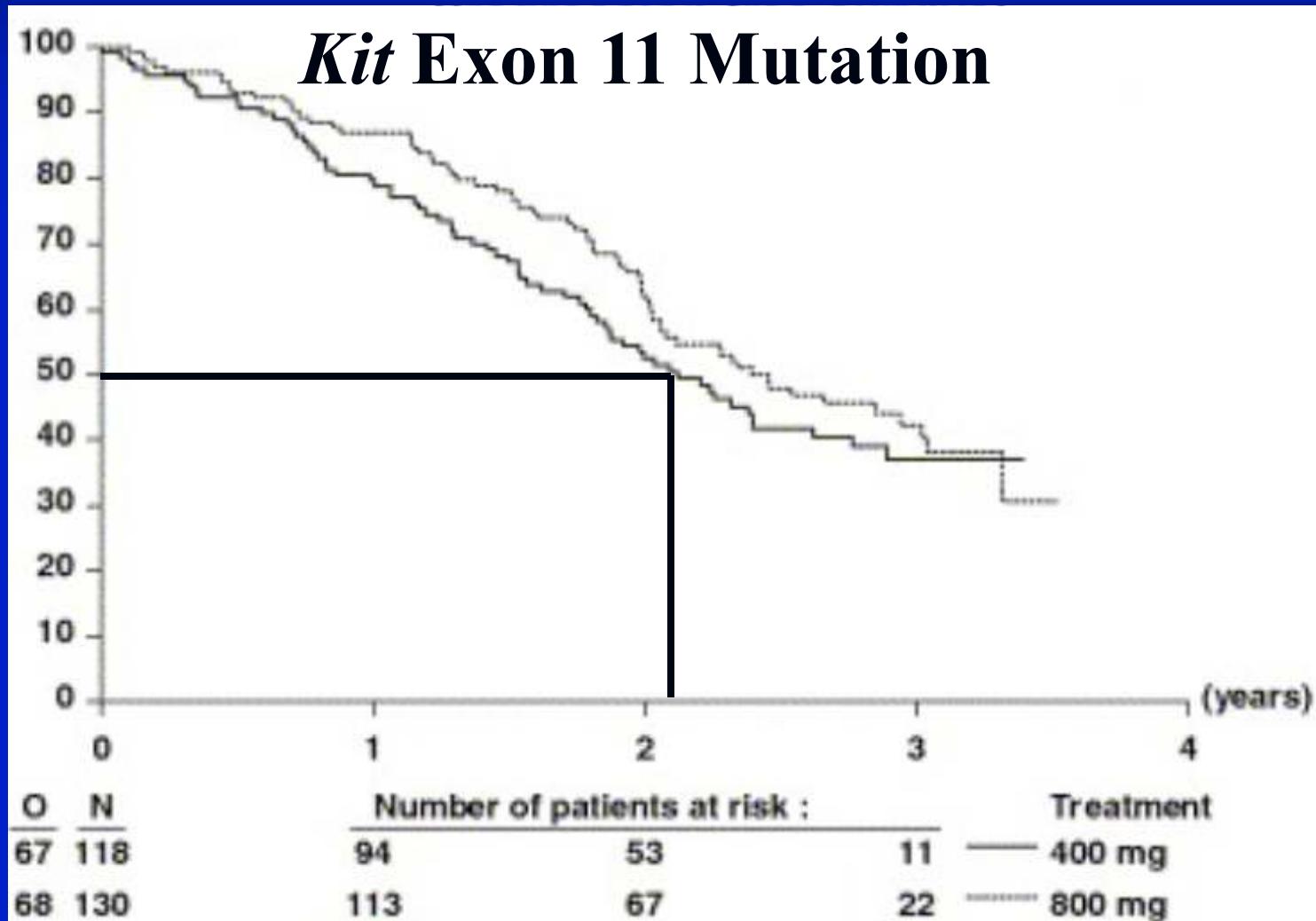
# EORTC Phase III Imatinib for Advanced GIST

## *Progression-free Survival Benefit*



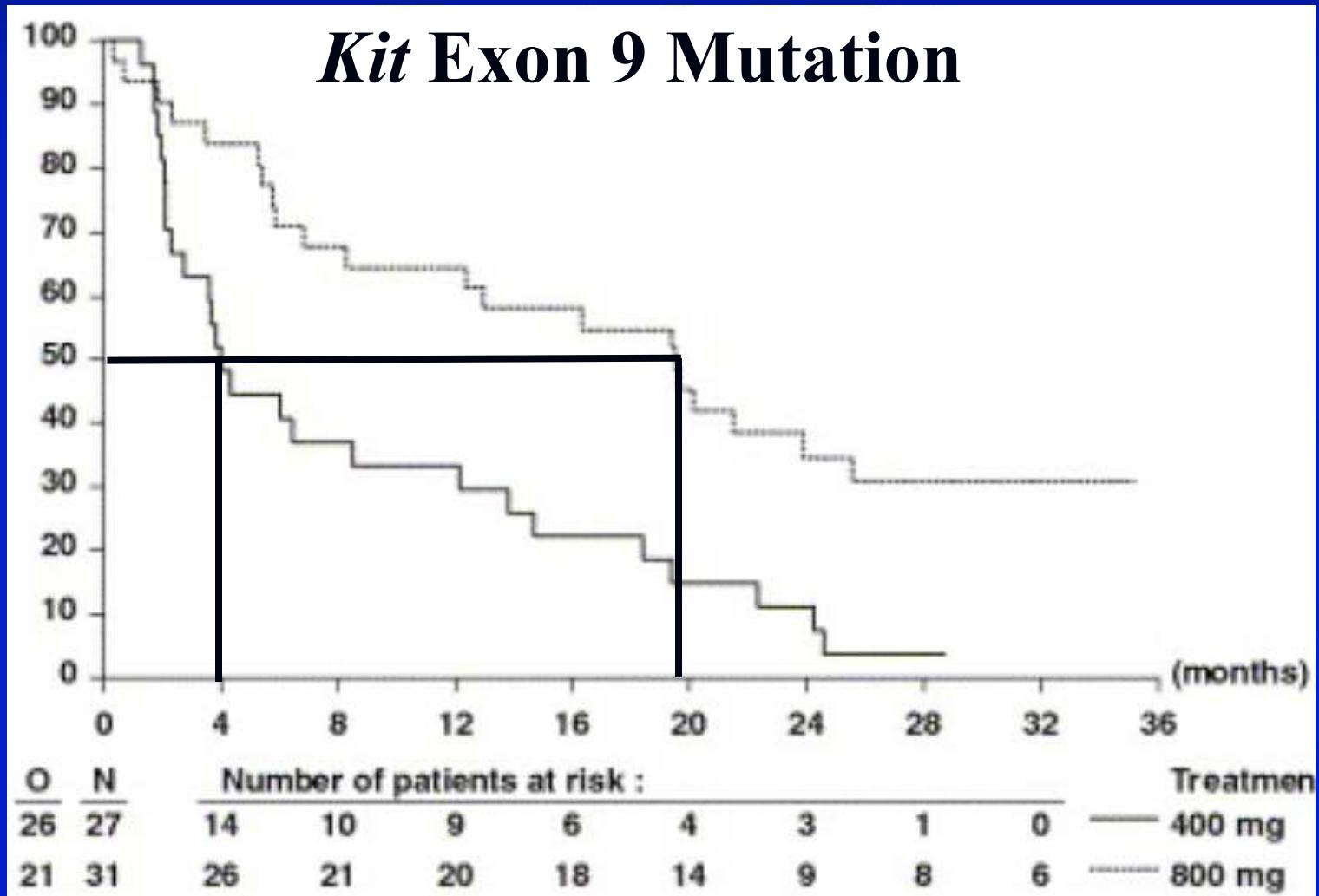
Verweij, et al 2004

# Progression-free Survival By Imatinib Dose



Debiec-Rhycter et al, 2007

# Progression-free Survival By Imatinib Dose



Debiec-Rhycter et al, 2007

# Kit Mutation in GIST

*Benefit from 800mg Imatinib*

	Odds Ratio	P-value
Exon 11 (n=211)	1.0	0.96
Exon 9 (n=25)	8.0	0.03
Wild-type (n=33)	1.5	0.62

*Heinrich et al, ASCO 2005*

Tell me about the  
side effects.....

# Side effects: 400 vs. 800 mg

Toxic Event	Adjusted <i>p</i> -Value
Edema	<0.001
Anemia	<0.001
Rash	<0.001
Fatigue	<0.001
Nausea	<0.001
Hemorrhage	<0.001
Diarrhea	0.0026
Dyspnea	0.036
Pleuritic Pain	0.053

Verweij *et al*, 2004

# Interruptions and Reductions of Therapy

	400 mg	800 mg
<b>Treatment Interruption</b>	40%	64%
-Hematologic	6%	7%
-Non-Heme	23%	43%
<b>Dose Reduction</b>	16%	60%
-Hematologic	2%	4%
-Non-heme	10%	42%

# North American Intergroup Phase III Study of Imatinib in Advanced GIST

Dose Reduction	400 mg (376 pts)	800 mg (370 pts)	800 mg X-Over
1	10%	44%	16%
2	7%	26%	5%
3	2%	11%	0%
4	1%	4%	0%

Dileo et al, ASCO 2005

How do I know if  
imatinib is working?

# Confirmed Overall Responses with Gleevec

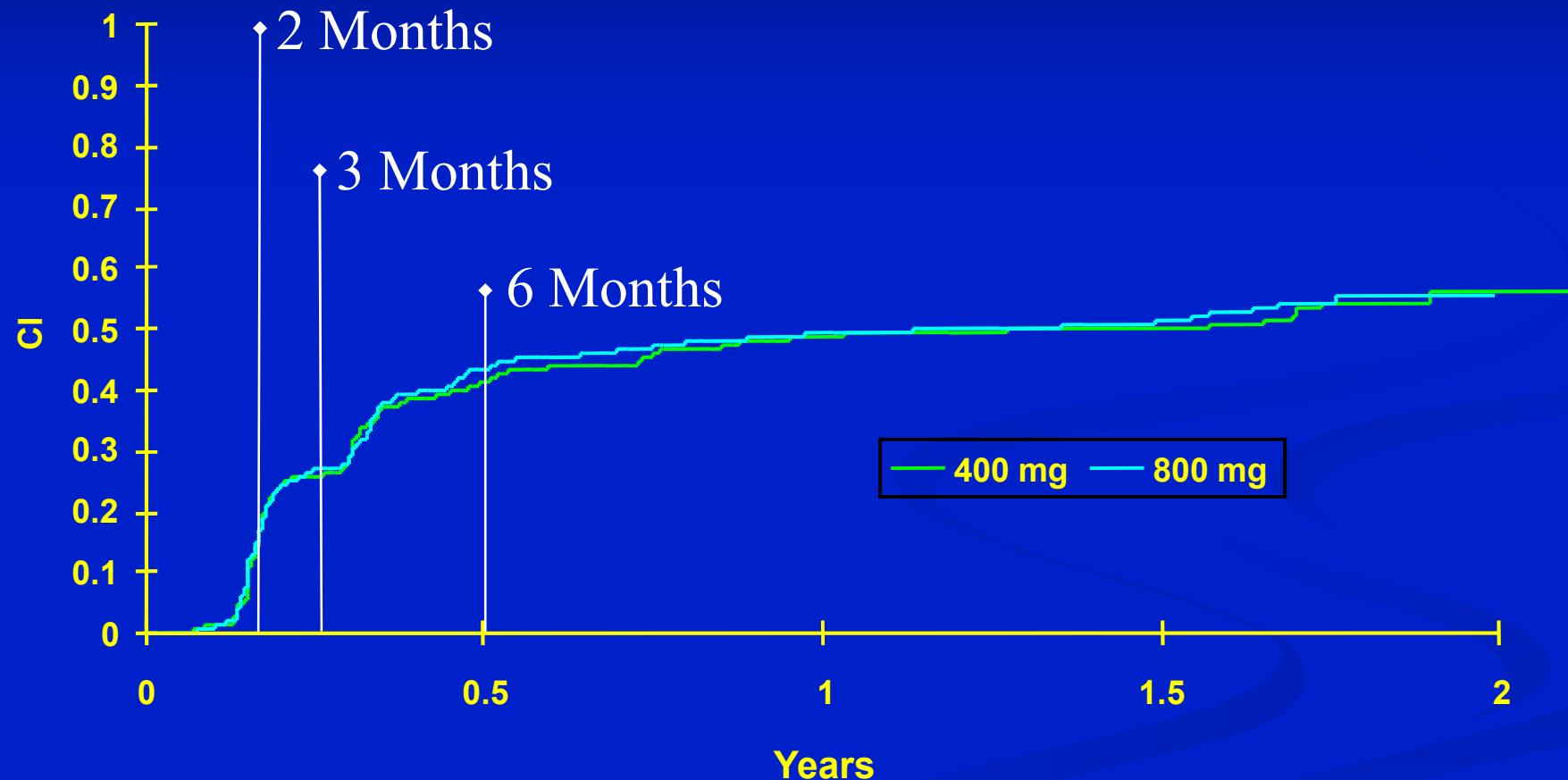
Total patients	N	Confirmed partial response (%)	95% Confidence Interval
400mg	73	33	22-45
600mg	74	43	32-55
Total	147	38	30-46

## Best Response (B222)

	400 mg N=73 n (%)	600 mg N=74 n (%)	All Patients N=147 n (%)
Complete Response	0	2 (2.7)	2 (1.4)
Partial Response	50 (68.5)	48(64.9)	98 (66.7)
Stable Disease	10 (13.7)	13 (17.6)	23 (15.6)
Progression	11 (15.1)	6 (8.1)	17 (11.6)
Not evaluable	2 (2.7)	5 (6.8)	7 (4.8)

# Time to PR by RECIST

Cumulative incidence of CT responses



Verweij et al, ASCO 2003

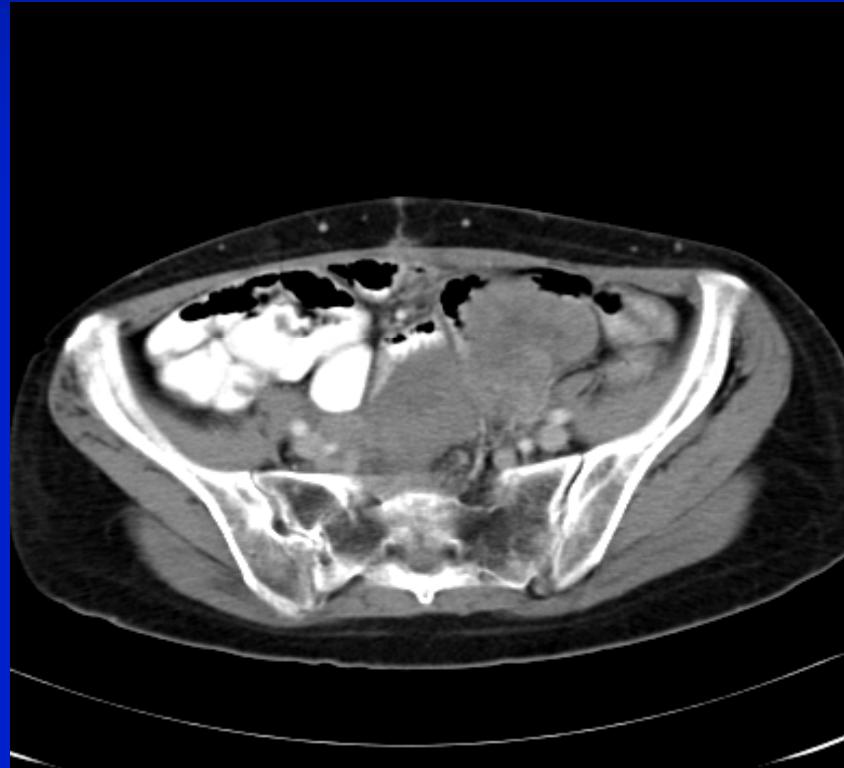
## CT Scan Results

*Jun 27, 2000*



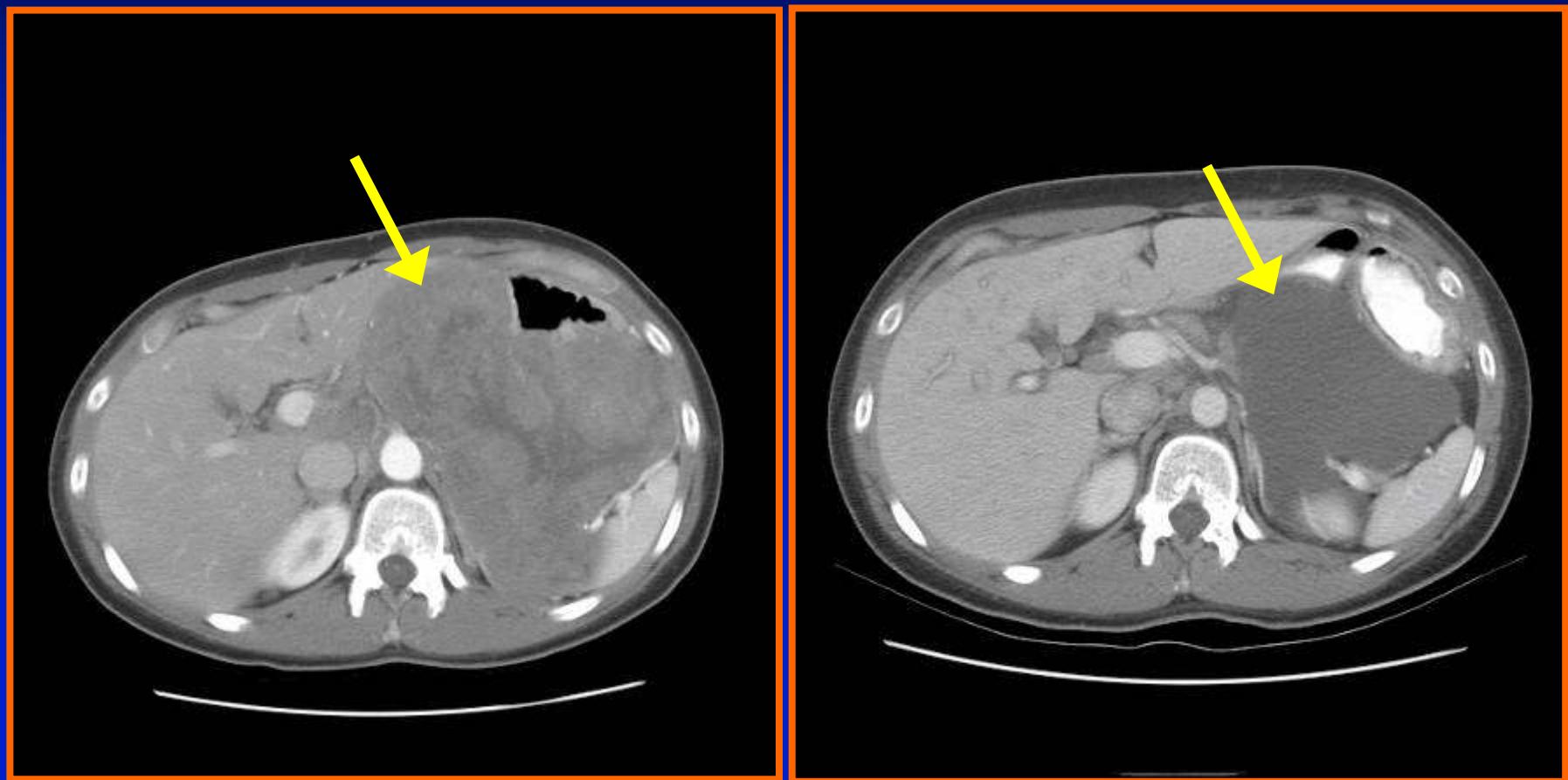
**Before Imatinib**

*Oct 4, 2000*



**After Imatinib**

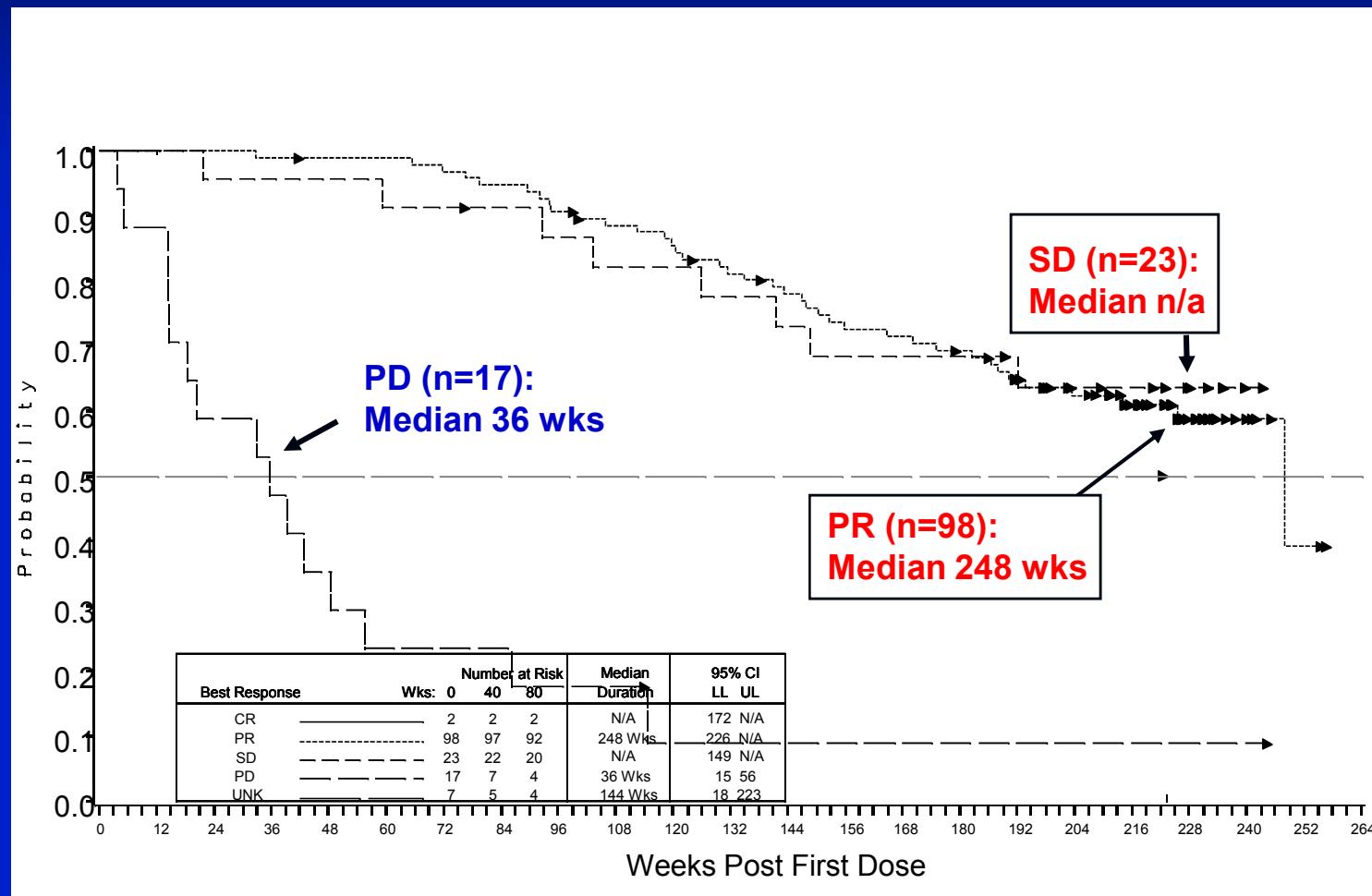
# Background (cont)



Decrease in GIST intravenous contrast uptake after patient is treated for 8 weeks with imatinib mesylate

# Overall Survival by Best Response

(B222, Kaplan Meier Estimate)

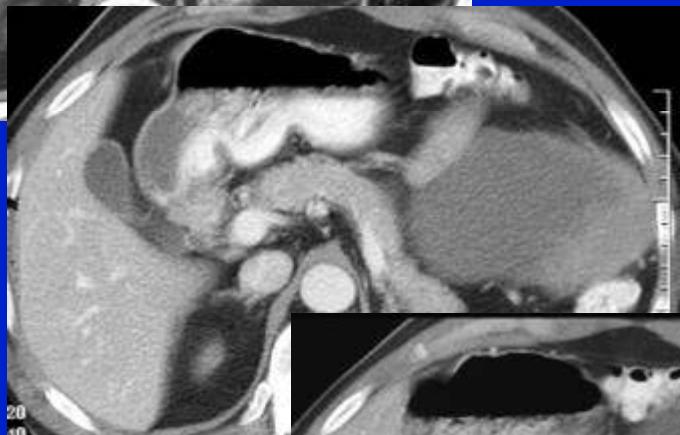


[CR (n=2; median OS n/a) and unknown/NE (n=7; median OS 144 wks) not included]

# Effects of Imatinib on GIST: CT and PET findings



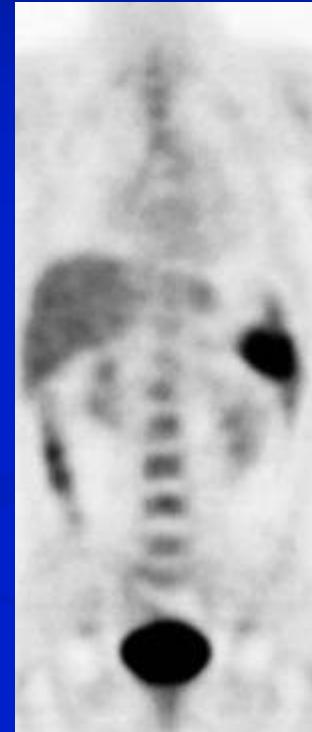
1/18



3/23



10/8

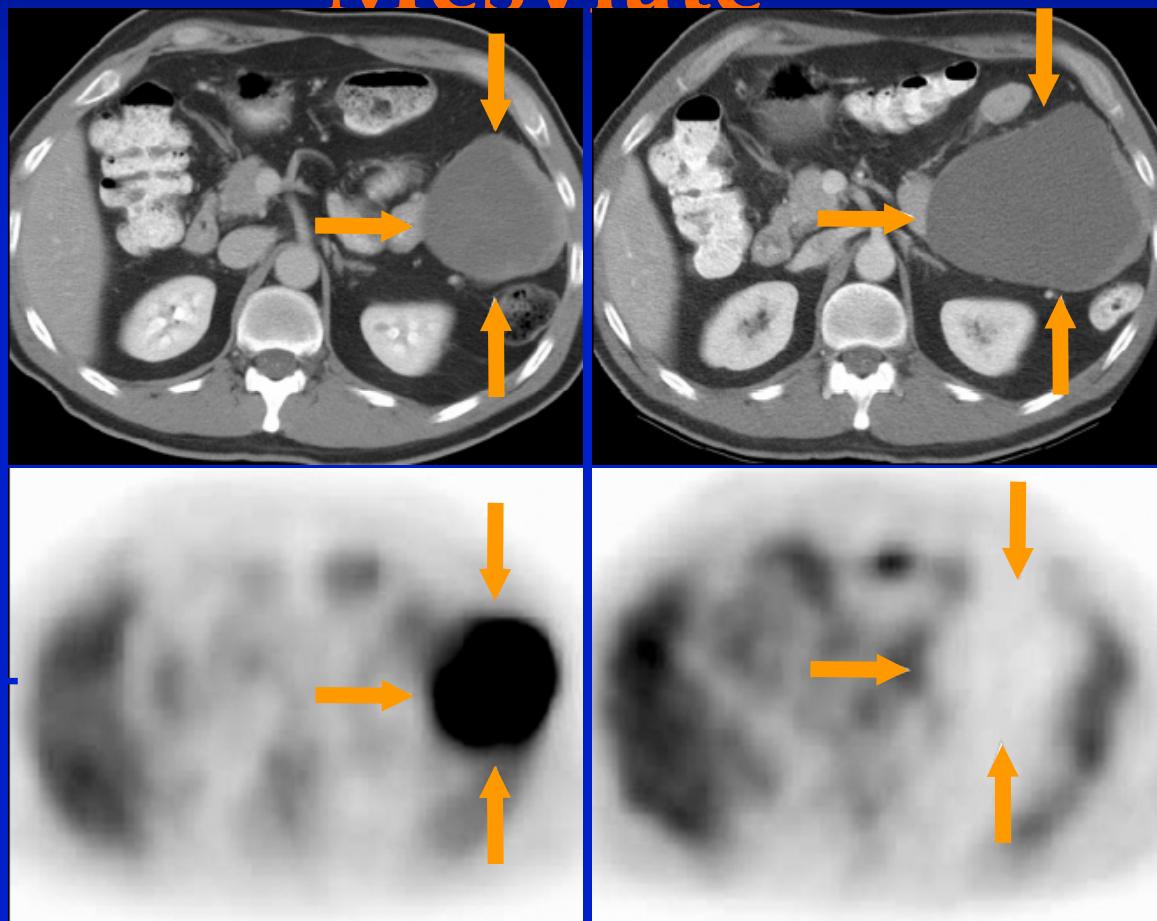


1/26



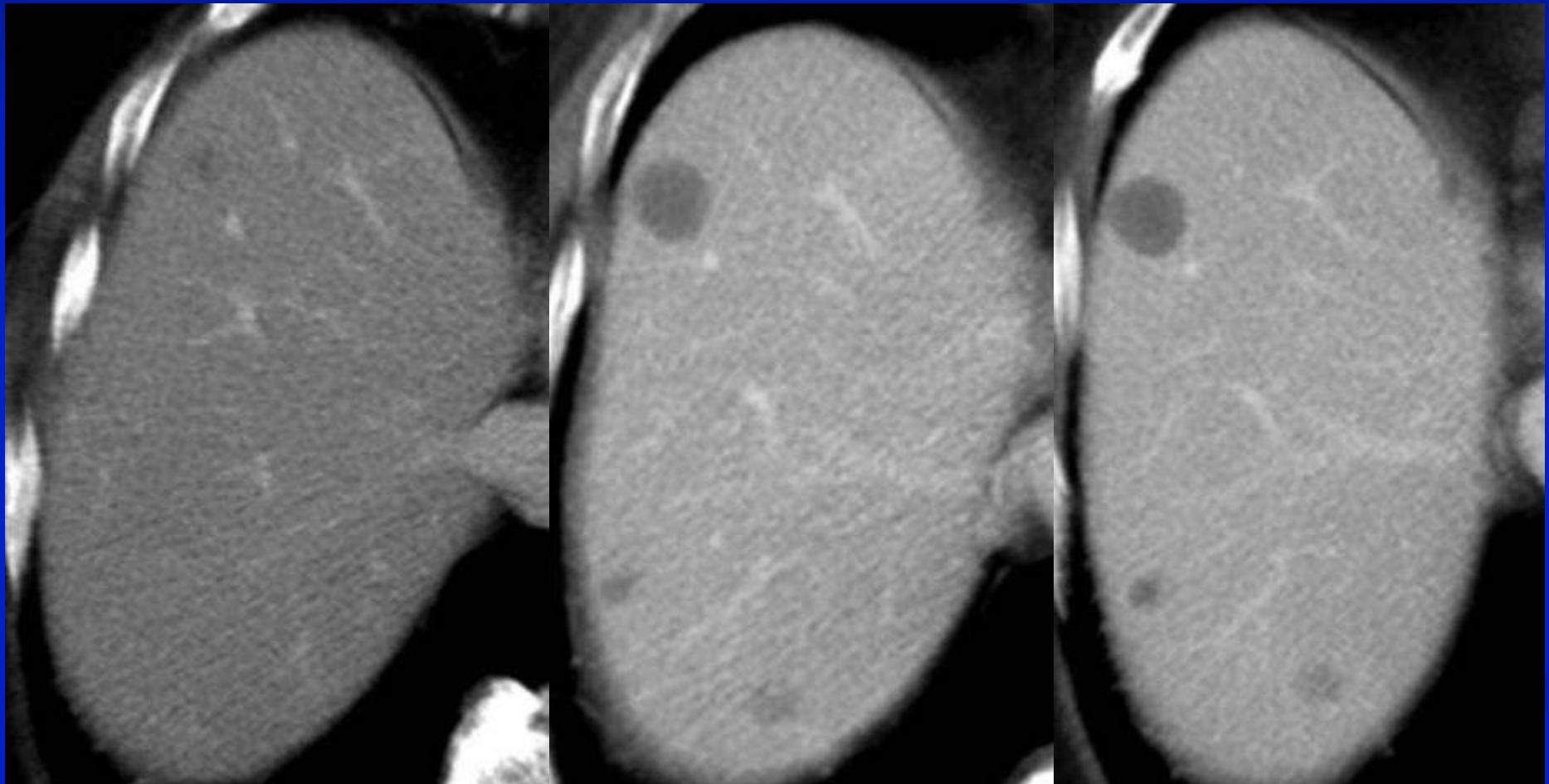
3/22

# Pseudoprogression Early During Treatment With Imatinib Mesylate





# Effects of Imatinib on GIST: CT findings



1/12

3/30

5/24

# Modified RECIST for GIST

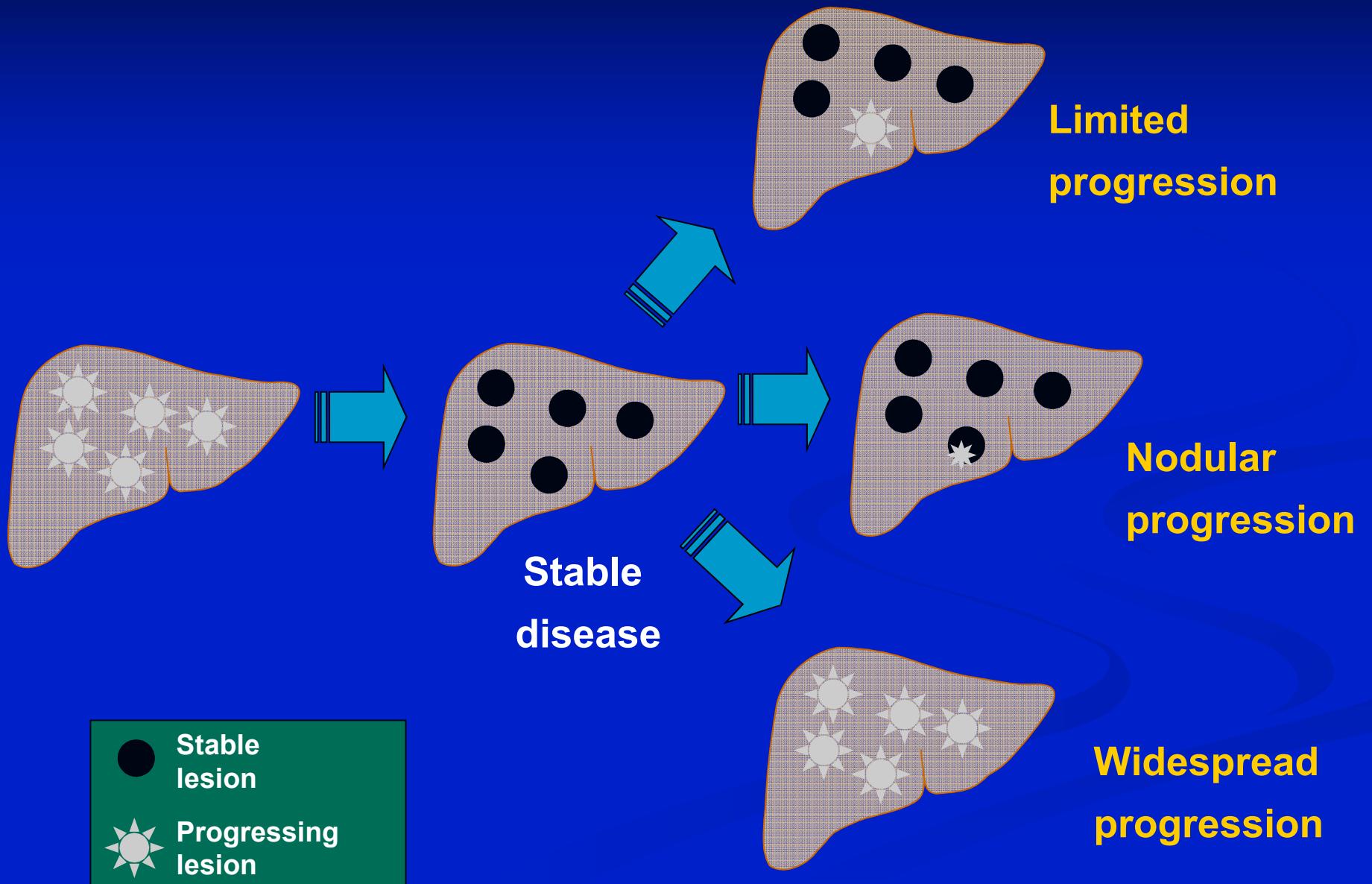
## CT Size + Density (Choi)

- Tumor size decrease of  $\geq 10\%$  or tumor density decrease of  $\geq 15\%$  were highly correlated with decrease in SUV by  $>70\%$  to a value  $<2.5$  on PET.
- RECIST criteria substantially underestimate, at least initially, the value of therapy with imatinib for GIST.



How do I know if my GIST  
comes back?

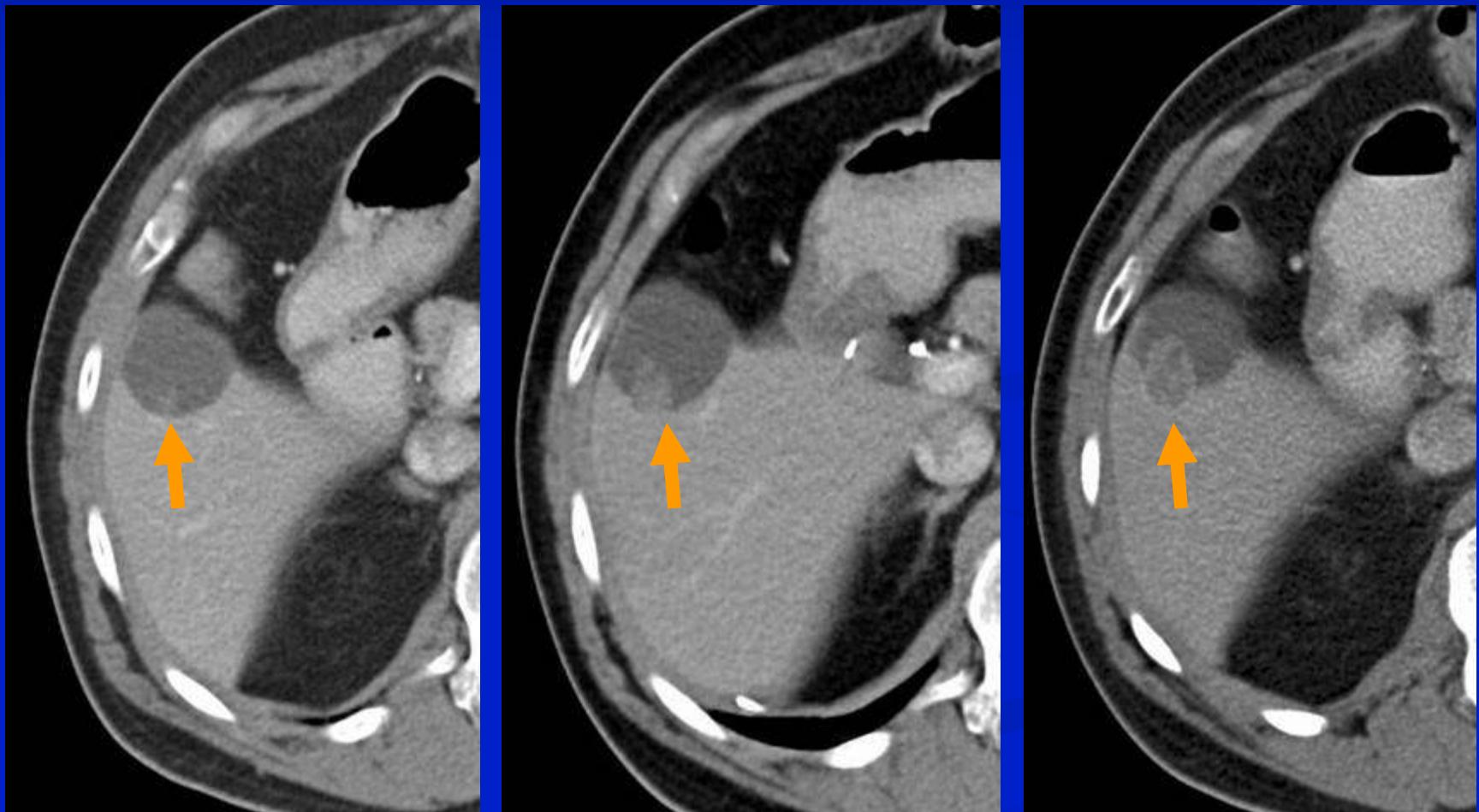
# Type of Progression



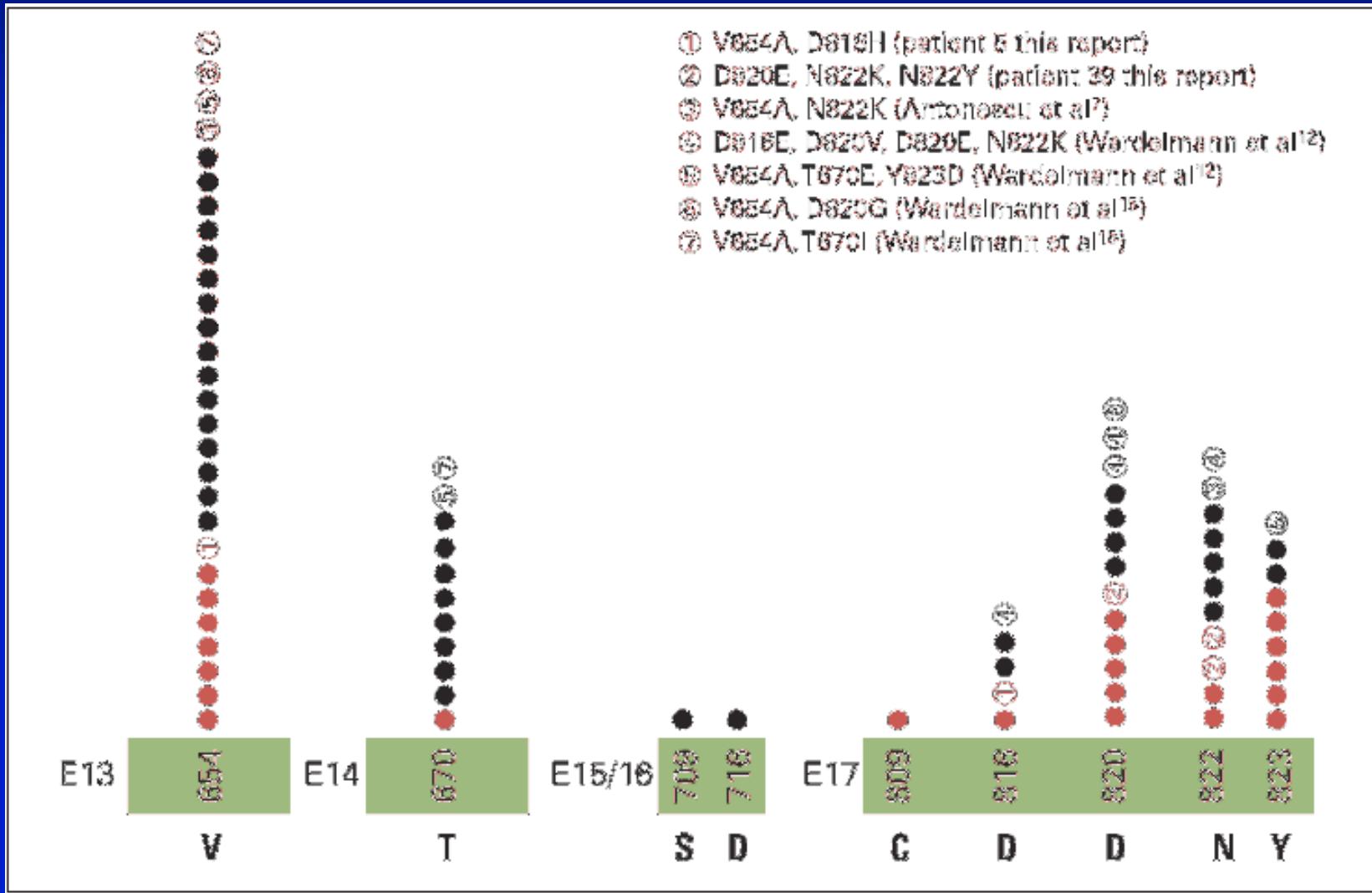
# Limited Progression



# Resistance to Imatinib Mesylate: Recognition of Clonal Evolution



# Secondary Mutation



**Should I take imatinib after my  
GIST was removed?**

# Risk Stratification of Primary GIST by Mitotic Index, Size, and Site

Tumor Parameters		Risk of Progressive Disease (%)			
	Size	Gastric	Duodenum	Jejunum/Ileum	Rectum
Mitotic Index ≤ 5 per 50 hpf	≤ 2 cm	None (0%)	None (0%)	None (0%)	None (0%)
	> 2 ≤ 5 cm	Very low (1.9%)	Low (8.3%)	Low (4.3%)	Low (8.5%)
	> 5 ≤ 10 cm	Low (3.6%)	(Insuff. data)	Moderate (24%)	(Insuff. data)
	> 10 cm	Moderate (10%)	High (34%)	High (52%)	High (57%)
Mitotic Index > 5 per 50 hpf	≤ 2 cm	None*	(Insuff. data)	High*	High (54%)
	> 2 ≤ 5 cm	Moderate (16%)	High (50%)	High (73%)	High (52%)
	> 5 ≤ 10 cm	High (55%)	(Insuff. data)	High (85%)	(Insuff. data)
	> 10 cm	High (86%)	High (86%)	High (90%)	High (71%)

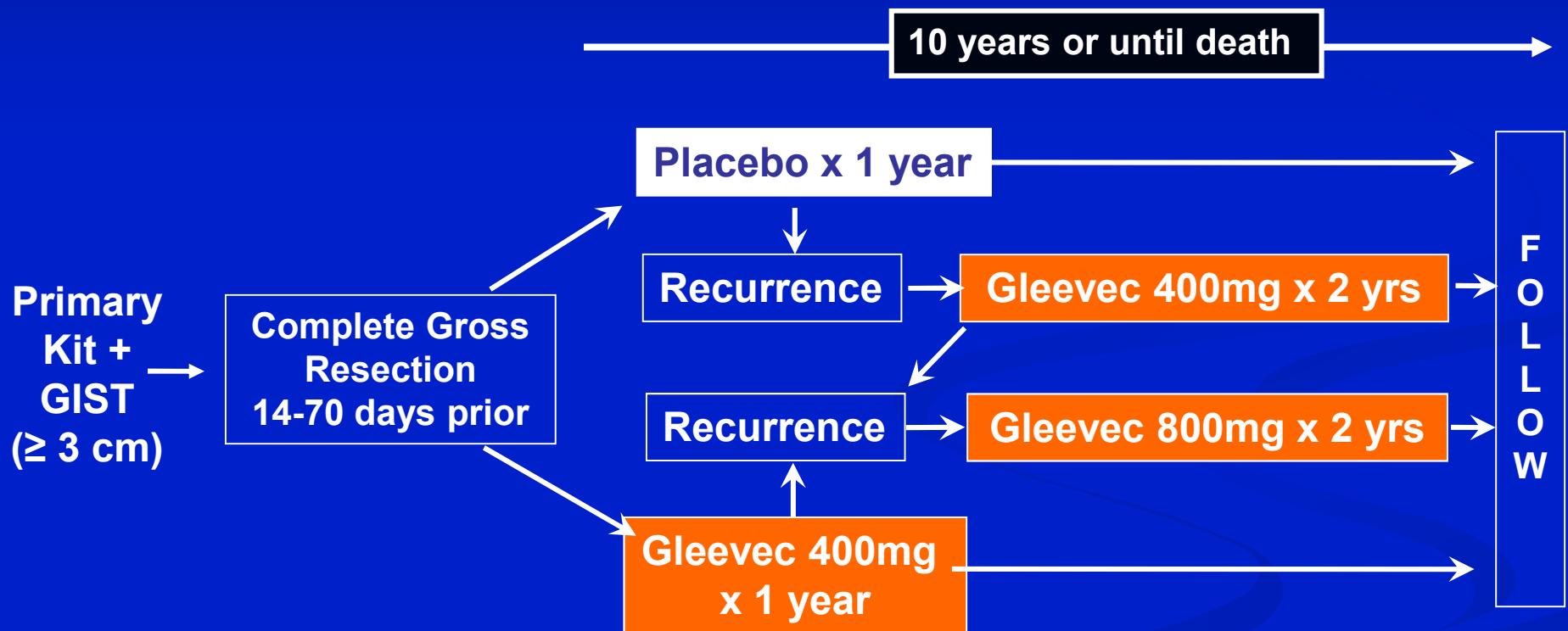
Data based on long-term follow-up of 1055 gastric, 629 small intestinal, 144 duodenal, and 111 rectal GISTS.

#Defined as metastasis or tumor-related death. \*Denotes small numbers of cases.

- Demetri et al. *J Natl Compr Canc Netw*. 2007 Jul;5 Suppl 2:S1;
- Miettinen et al. *Am J Surg Pathol*. 2005 Jan;29(1):52;
- Miettinen et al. *Am J Surg Pathol*. 2006 Apr;30(4):477;
- Miettinen et al. *Semin Diagn Pathol*. 2006 May;23(2):70.

# ACOSOG Phase III Trial

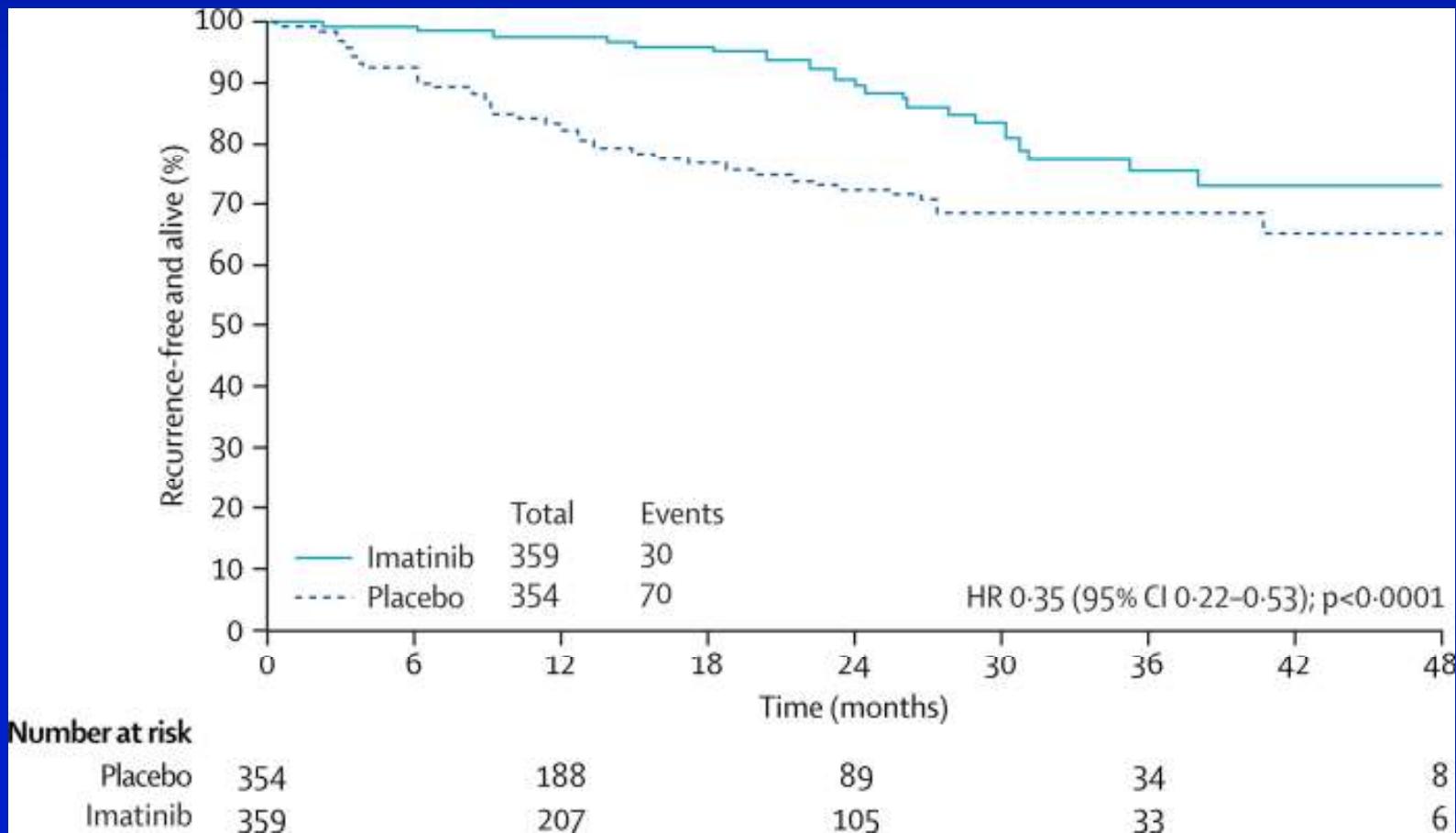
## *Adjuvant Imatinib in Patients with High Risk Primary GIST*



**Primary Objective:** Recurrence Free Survival (RFS)

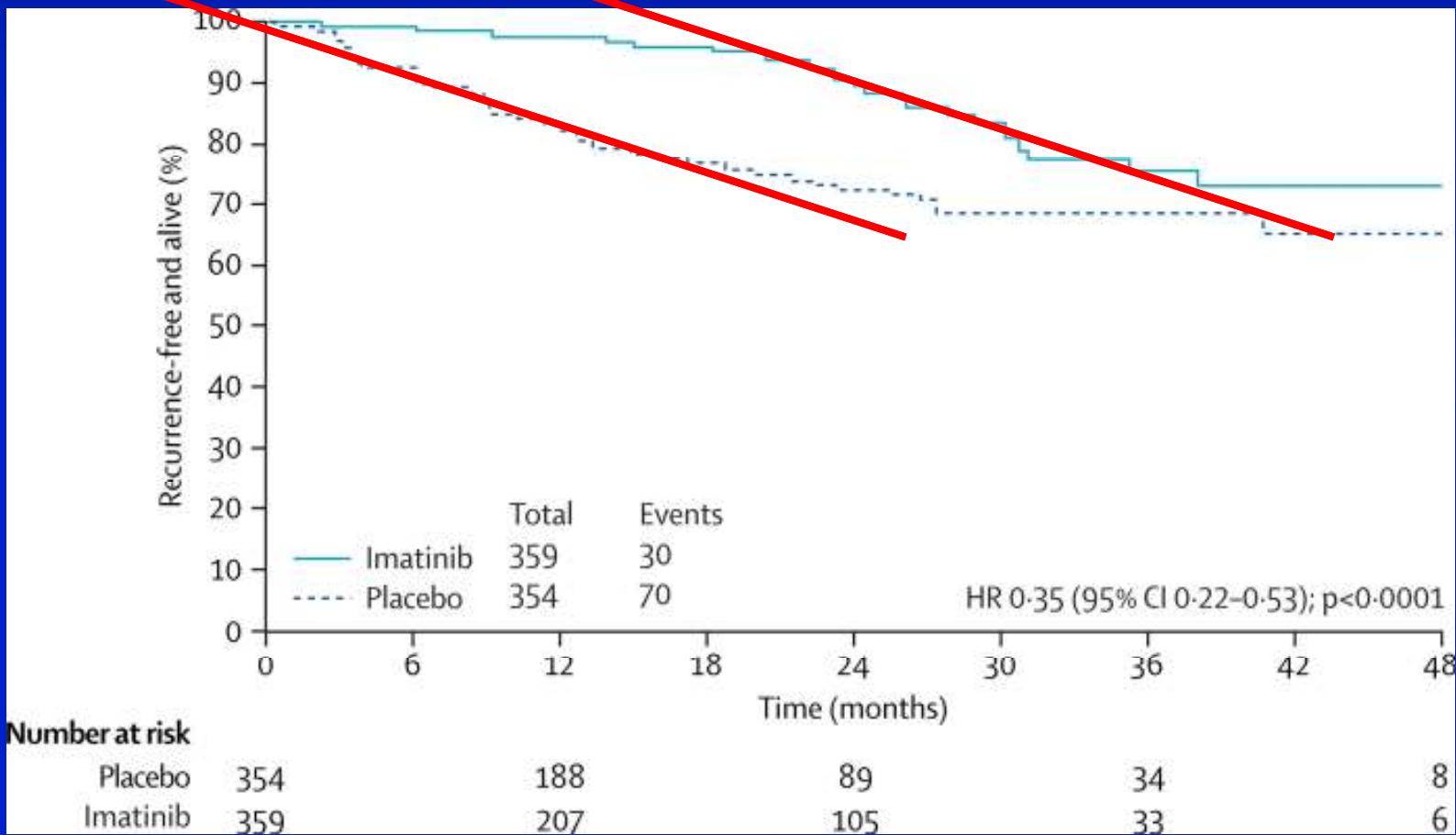
American College of Surgeons Oncology Group. Sarcoma Organ Site Committee.  
Available at: [http://www.acosog.org/studies/synopses/Z9001\\_Synopsis.pdf](http://www.acosog.org/studies/synopses/Z9001_Synopsis.pdf).

# Adjuvant Imatinib

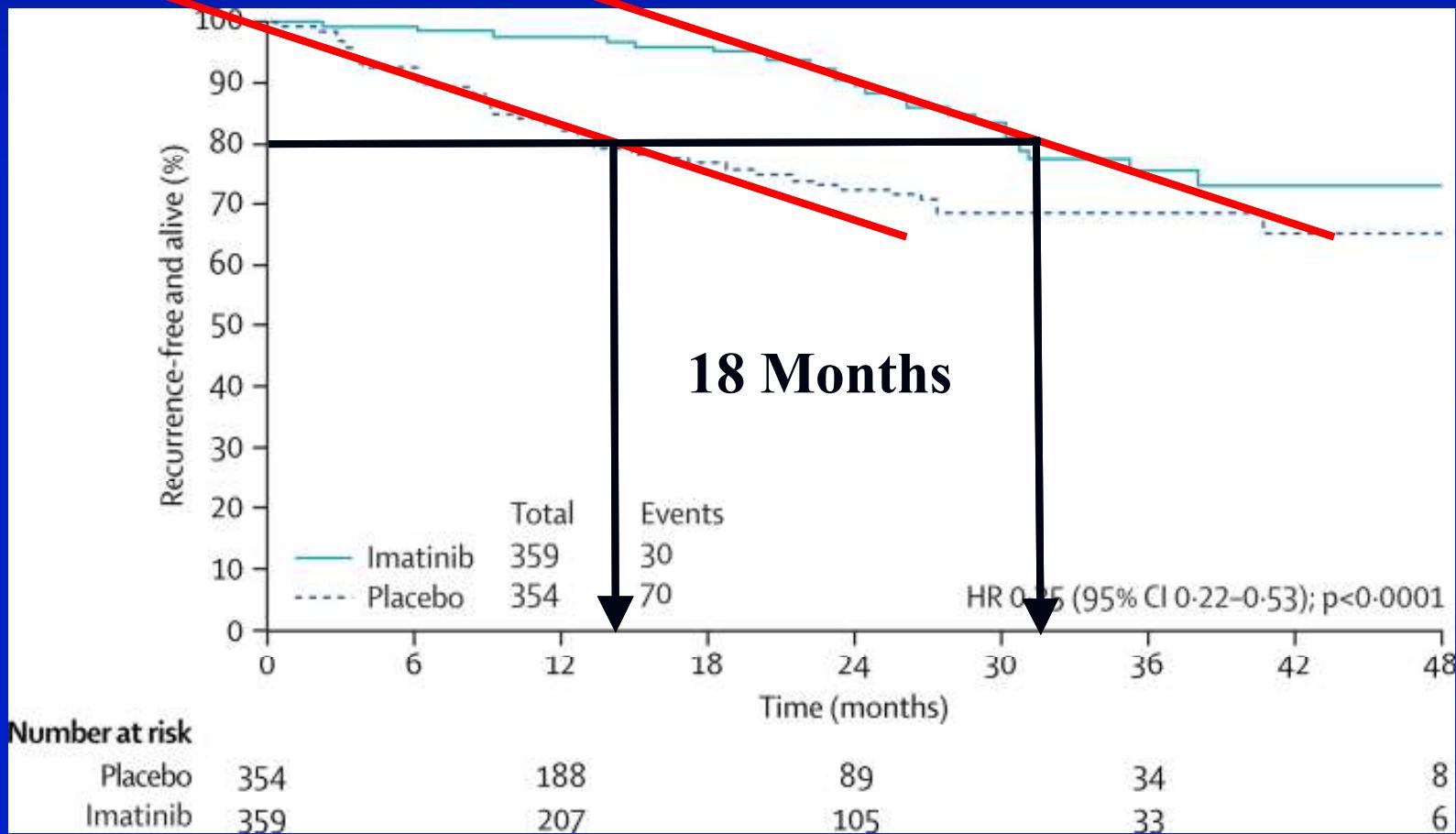


Dematteo Lancet. 2009 Mar 28;373(9669):1097-104. Epub 2009 Mar 18

# Adjuvant Imatinib



# Adjuvant Imatinib



# Postoperative Imatinib Studies

Postoperative Imatinib Trial	Recurrence-Free Survival at 1 y	Recurrence-Free Survival at 2 y
ACOSOG Z9001 (Imatinib)	98%	91%
ACOSOG Z9001 (Placebo)	83%	71%
MDACC-0023 (ITT)	94%	87%
<b>MDACC-0023 (completed 2 y)</b>	<b>100%</b>	<b>100%</b>

DeMatteo et al. *Lancet.* 2009;373:1097; Blackstein et al. ASCO Gastrointestinal Cancers Symposium, 2010. Abstract 6 and oral presentation; McAuliffe et al. *Ann Surg Oncol.* 2009;16:910.

# Other Ongoing Adjuvant Trials in GIST (2010)

Study (Planned Accrual)	Inclusion*	Treatment/ Primary Endpoint
SSG XVIII [NCT00116935] Phase 3 (N=400)	>10 cm or mitoses >10 >5 cm + mitoses >5	1 vs 3 y imatinib RFS
EORTC-62024 [NCT00103168] Phase 3 (N=750)	>5 cm or mitoses >10 <5 cm + mitoses 6-10	0 vs 2 y imatinib OS
CSTI571BUS282 [NCT00867113] Phase 2 (N=133)	$\geq 2$ cm + mitoses $\geq 5$ ( $\geq 5$ cm only for non-gastric GIST)	5 y imatinib Time to recurrence

\*Tumor size in cm; number of mitoses per 50 HPFs.

SSG = Scandinavian Sarcoma Group.

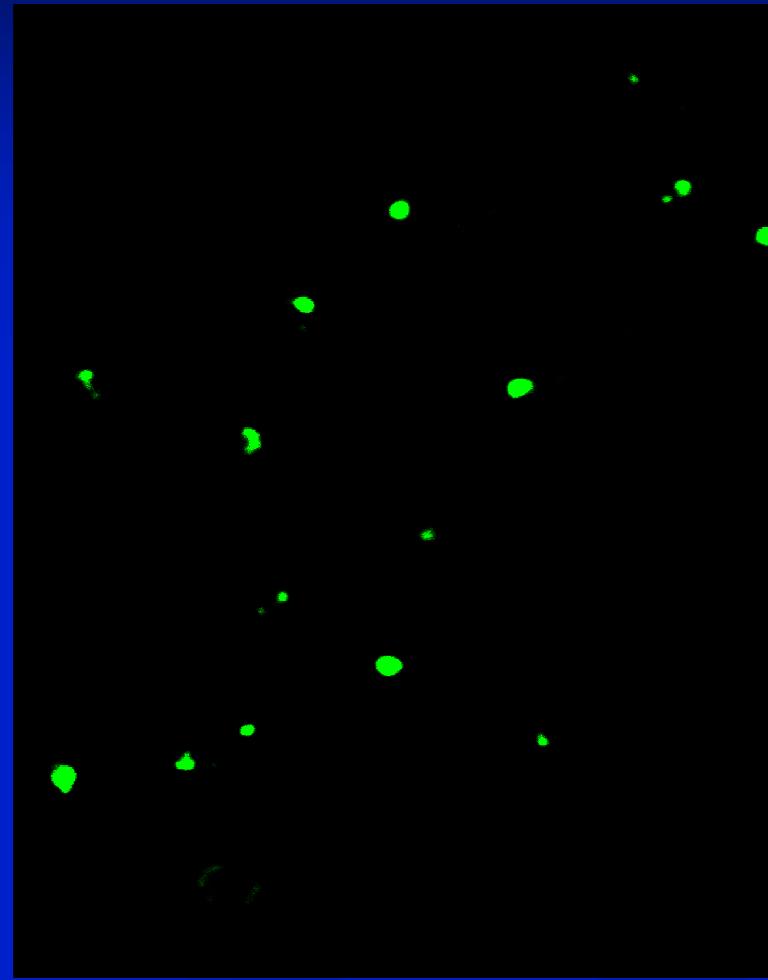
Gold and DeMatteo. *Ann Surg.* 2006;244:176; <http://clinicaltrials.gov>. Accessed April 2010.

# Effect of Imatinib on Apoptosis



Pre-Imatinib

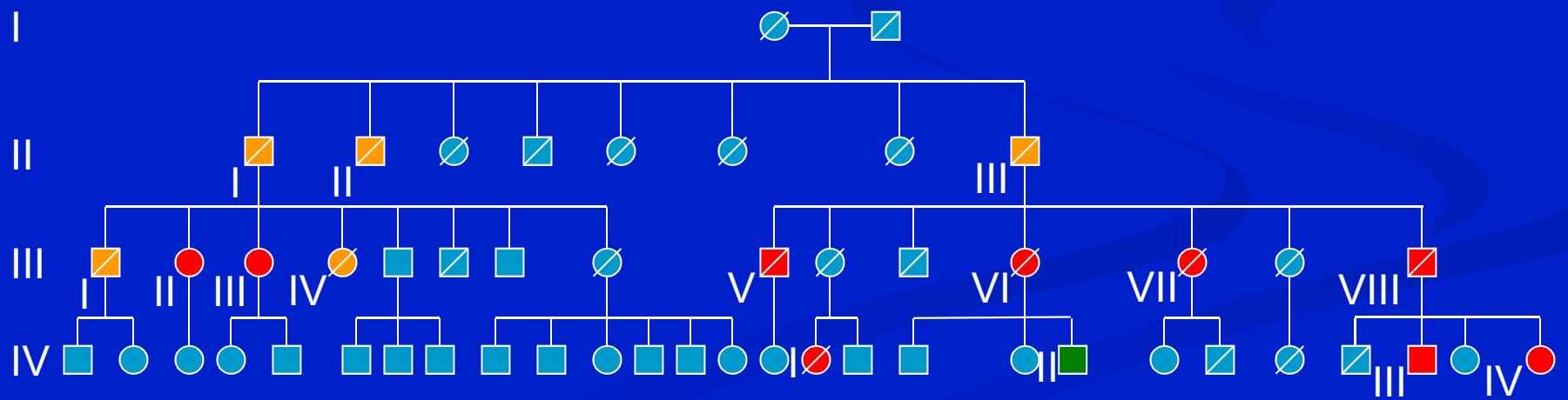
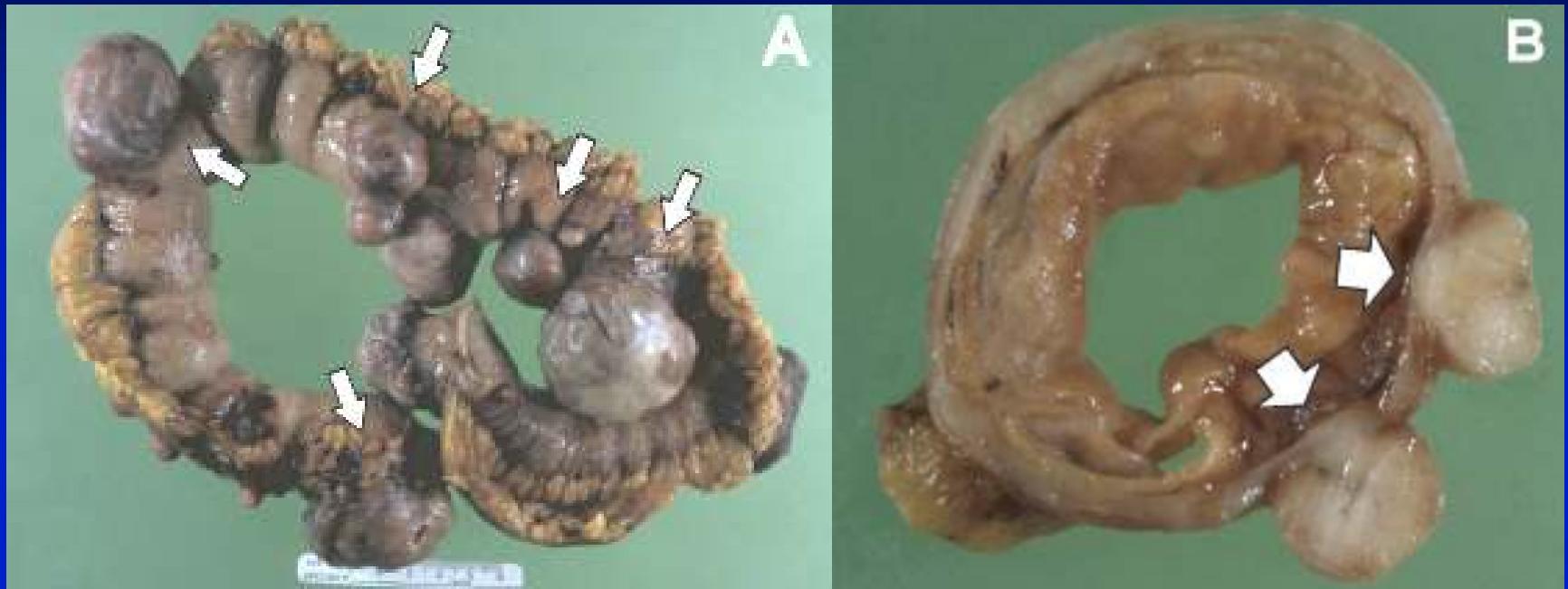
*Immunofluorescent TUNEL Assay*



Post-Imatinib  
(3 days of therapy)

Will my kids get  
GIST?

# Familial GIST



# Gastrointestinal Stromal Tumors

*GISTS 2010*



**Jon Trent, MD, PhD**

[jtrent@mdanderson.org](mailto:jtrent@mdanderson.org)

**Dept. of Sarcoma Medical Oncology  
The University of Texas,  
M. D. Anderson Cancer Center**

